Highlands FREE
The Communicator

July 17 - 30, 2008 | Haliburton County's Good News Fun Free Magazine | Vol. 7 Issue 19

Circulation
10,000

Mailed FREE to:
Minden, Haliburton, Eagle Lake, West Guilford , Gelert, Lochlin, Carnarvon, Kinmount, Wilberforce, Harcourt, Highland Grove, Gooderham, Tory Hill Irondale, Ingoldsby, Kennisis Lake, Fort Irwin, Miners Bay, Moore Falls
Also available in stores and on news stands throughout Haliburton County

Teddy Time
Haliburton Ontario
A bear for all reasons!
(705) 457-2959
www.teddytime.com

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible".
St. Francis de Sales

Heartwood Creek & many other fine figurines available in store.
Come in today and see our selections.
Located at Halco Plaza, Behind Home Hardware - Haliburton

When I got home last night, my wife demanded that I take her someplace expensive... so, I took her to a gas station...

And then the fight started....

Sittin Pretty at the Cottage!

A Shoreline Rainbow of 15 Colours

Adirondack Chairs
Picnic Tables
Chaise Loungers
Pub Sets

100% Recycled Plastic Outdoor Furniture
MADE IN CANADA

- COTTAGE COMFORTS
- BIG SKY CARVERS
- WILDERNESS DECOR
- UNIQUE GIFTWARE
- GREAT SOUVENIRS
- QUILTS & AREA RUGS
- NORTHWOODS LAMPS & FURNITURE
- FUDGE-40 FLAVOURS
- OLD FASHIONED CANDY
- FINE GOURMET FOODS
- ALL NATURAL SOAPS & CANDLES
- SOLITUDES NATURE MUSIC
- CANADIAN CLOTHING & MOCCASINS

Open 7 Days a Week
Monday - Saturday 10 - 5, Sunday 10 - 4

Cottage Country Log Cabin
Trading Company Ltd.
1141 Kennisis Lake Rd. (County Rd. 7) Just off Hwy. 118, West Guilford
(705) 754-2285

Bridge Youth Centre Hosts Open House with Local Dignitaries

Come join Reeve Murray Fearrey and MPP Laurie Scott at an open house for the Bridge Youth Centre in Haliburton on Sat. July 19 from 10:30 am – 2:00 pm.

This is a great opportunity for the community to check out the centre's new art space and wall murals. It'll also give you the chance to meet some of the Bridge volunteers.

You'll also be able to enjoy a free BBQ, sports games and other activities open to the public.

Youth Unlimited / Kawartha YFC is a registered non-profit, non-denominational, international Christian youth organization and Chartered member of Youth for Christ Canada. In 2008, the organization is celebrating their 30th year of service in the Kawarthas.

Youth Unlimited Kawartha currently serves youth and families in the Peterborough, Lakefield, Bobcaygeon/Fenelon Falls and the Haliburton Highlands.

For more information contact Jamie McMahon at 705-854-0401 or email jamie@youthunlimitedkaw.com.

Travelling Through Time at a Farmers Market

Take a step back into the 1800's as you tour the Minden Hills Museum Village Farmers Market on July 19, 26 and August 2 and 9.

Vendors from various communities will be offering arts and crafts, books, fresh Ontario produce, baked goods, candles, herbs, plants/ flowers, etc. This is a perfect opportunity to support your local farmers and groups.

Some of the things you'll be able to do is pick up your morning items and visit the blacksmith who will be pounding away on the anvil. He would certainly welcome your interests and questions.

You could also peek in on the school teacher who may have some work lessons for you; listen to the choir at the Wee Kirk and help with the day-to-day chores of the Bowron Log Home.

Enjoy the old-fashioned ambiance and walk the labyrinth. Admission to the museum grounds is free on these Saturday mornings.

For more information contact Laurie Carmount by phone at 705-286-3763. You can also email your inquiries to gallery@mindenhills.ca.

12197 Hwy 35 Minden
1053 Main St. Dorset
1-888-842-3769
www.algonquinprojects.com

Homes & Cottages
Viceroy
Turning Dreams into Reality
Algonquin Projects Limited
Independent Distributor

Rotary Charity Golf Classic

Hosted by the Rotary Club of Haliburton, this is the premier golfing event in The Highlands on July 24. This highly popular event being held at the Delta Pinestone Resort directly benefits the health care & hospital facilities in Haliburton & Minden.

Come out for a great day of golf while you help support this cause that includes a barbeque lunch, 18 holes of golf with a shared cart, steak dinner, incentive prizes, a guest speaker, silent & live auctions and lots of fun!

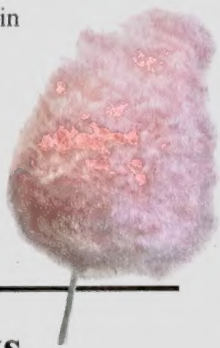
For more information contact Dale C. Walker at 705-457-1580 or email him at dwalker@hhhs.on.ca.

Take a Trip to the Carnival

The 60th annual Minden Rotary Summer Carnival will be taking over the Minden Hills Community Centre from Tuesday, July 29 – Wednesday, July 30.

This is an all ages family event featuring carnival rides, food, family activities, games, face-painting and ice events in the arena. Come and experience this fun-filled, fantastic event that designed for the whole family.

For further information see the midde spread in this issue of the Communicator.



Wild Wednesdays

R.D. Lawrence Place, Minden Hills Cultural Centre, each Wed. in July, 10:30am or 2:00pm

You won't want to miss Wild Wednesdays at the R.D. Lawrence Place in Minden featuring Sharon Lawrence giving talks and visual/hands on presentations about her experiences in rescue and rehabilitation of wildlife in Gooderham at Wolf Hollow, the private sanctuary she operated with Ron Lawrence. Talks held 10:30am and 2pm each Wednesday, children welcome. Admission is by donation.

For more information contact Sheryl at 286-2298 or rdlawrenceplace@mindenhills.ca.

WHITER TEETH CAN BE YOURS IN 1 HOUR!

Without a trip to the dentist.
No X-Rays Req'd
Call today for your appt for teeth cleaning!

- Mobile visits
- Tooth Whitening
- Scaling
- Polishing
- Sealants
- Sports guards
- Fluoride Treatments

Opening Soon
Now Booking Appointments

Lisa's Independent Dental Hygiene Clinic
Located at 209 Highland St, Haliburton
(old Kosy Korner building)

Lisa Stoughton, RDH
457-GRIN (4746)
Call now to book your appointment

How does the guy who drives the snowplow get to work in the morning?

UNLOCK THE POSSIBILITIES..

Design Consultant: Wendy Snelgrove

ROWE Furniture

Smart Thinking!

CAPEL RUGS

THEY'RE NOT JUST RUGS. THEY'RE CAPEL RUGS SINCE 1917.

DEALER SELECT
HunterDouglas
Window Coverings

DOVETAIL INTERIORS
Design for Haliburton Living

156 Highland St Haliburton
705-457-2700
Fax-457-2900
haliburtonliving@bellnet.ca

Darlene's Custom Boat Covers

Spotlight On Business

By George Farrell

Darlene's Custom Boat Covers and Repairs For Outdoor Covers and Accessories

Darlene Pettes was born and raised in Minden. She attended the local public school and graduated from high school in Haliburton. Her mom's family are Hughes, who have lived in the area for generations, and Nola her mom, would be known to many locals and cottagers alike from the days when she ran the Ingoldsby Junction store.

Darlene started her professional life working at what was then called Manpower in Haliburton. She worked there for 8 years. In 1980 she married Dave Pettes, a tandem tri-axle truck owner and operator ,and the couple quicky purchased property on Tiffany Lane on the Gull River. Dave spent 25 years working out of Toronto, but now works more locally. The couple have two children Ashley David is 25, and Jaimie Nicole is 20. During the upbringing of the children Darlene sewed for Sennitt puppets and dolls for several years, while at home she established a little business sewing, hemming, and replacing zippers and the like. Later on Darlene opened her own fabric store on the main street in Minden. It was called Country Fabric an Sewing. She sold fabric, and materials for quilts and cushions, as well as childrens and ladies clothing. The store operated for 5 years between '95 and 97, and says Darlene "It was a lot of fun, and I learned a lot about operating a business."

It wasn't much of a stretch for Darlene to go in to the business of custom boat covers, as she was an experienced seamstress, and a hard worker. " I did our own boat covers and the interior seats for our own boat. I guess I'm basically self- taught, but word got out that I could do boat covers and people started coming to me for their covers and interiors. Things slowly evolved, and before I knew it I was in the business." She been in the boat cover business for about 10 years now and what started as mainly doing friends and neighbours boats, has evolved to a pretty busy operation. "Advertising in the Communicator really helped" Darlene exclaims, and I guess business really stared to pick up after I started to advertise in local publications.

What She Does

Darlene's Pettes' business is run from her house on Tiffany Lane. A good portion of her clientele are cottagers. "People drop their boat of here on their way back home, and pick it up the next time they're up," she explains. She has 5 different sewing machines which enables her to sew everything from heavy industrial materials to embroidery. She still does small sewing jobs like hemming and zipper replacement on the side, and she's responsible for sewing the banners for The Festival of Banners, but her main work consists of boat covers and seats, as well as seats for ATV's, snowmobile seats and covers, and sewing seat covers and cushions for outdoor furniture. Darlene is quick to point out that in addition to new work, she also does repairs on existing covers and seats.

" The busy time starts in early April,' she says " as people are getting their boats ready to put in the water. July and August are a little quieter, but most clients call ahead for an appointment. People can take a chance to drop in though." If she's not there chances are clients might come across daughter Jaimie, who is presently helping her mom with the sewing.

"Boat covers constitute the main part of the business," Darlene points out. The convertible boat tops are the

Darlene's cont'd... pg. 5...

Highlands The Communicator
Haliburton County's Good News Fun Free Magazine
705 457-9999 Fax: 457-9998
www.TheHighlandsCommunicator.com
email: news@TheHighlandsCommunicator.com
100% Locally Owned & Operated
Sales Manager: Brett Irvine
Editorial & Production Manager: Joanne Irvine
Office admin & Accounts: Linsey Trotter
Production: Shawn Welsh
Distribution Greg Ross
Photographer: Lyn Winans
Reporters: George Farrell, Terrance Gavan, Mark Arike, Tyson Farrell
Regular Columnists: Donald Lange; Brenda Peddigrew; Lynne Kilby, Max Haines
Published by Joanne & Brett Irvine
187 Highland St. Haliburton - Lower Level Stedman's Mall • Box 930 Haliburton, On. K0M 1S0
Thank you to All Our Advertisers, All Our Writers & All Our Readers!
The Communicator will not be held liable for any errors or omissions, and assumes no responsibility for loss or damages arising directly or indirectly from errors occurring. Certain facts are obtained from outside sources and are to the best of our knowledge true. We will not be held liable for any misinformation gained through these sources. The jokes, it's the law, and other such sections are meant for entertainment purposes only. All material is © 2008 The Communicator - all rights reserved.

Not Just A Seamstress - She's A Real Outdoor's Girl

... from pg. 4

most difficult because you have to deal with the metal support bars, the installation of the metal hardware, plus dealing with zippers and plastic windows. Some customers bring their boats to me right out of the showroom, and I have to drill for the base snaps and install them before I make their custom covers."

Most of Darlene's boat covers are made from the ultimate marine material called Top Gun which is a super strength marine polyester which is highly water repellent and comes in 19 different colours. Another product Darlene uses is called Sunbrella which is a 100% solution dyed acrylic marine fabric. It provides excellent fade and weather resistance and is available in 60 colours, including solids and stripes.

Darlene's Custom Boat Covers provides customers with a variety of custom covers.

Tonneau Covers are those that snap on to the windshield and follow existing domes down the side of the boat to the rear, for a custom, trim fit. An air vent is installed for ventillation, and adjustable poles are installed as required.

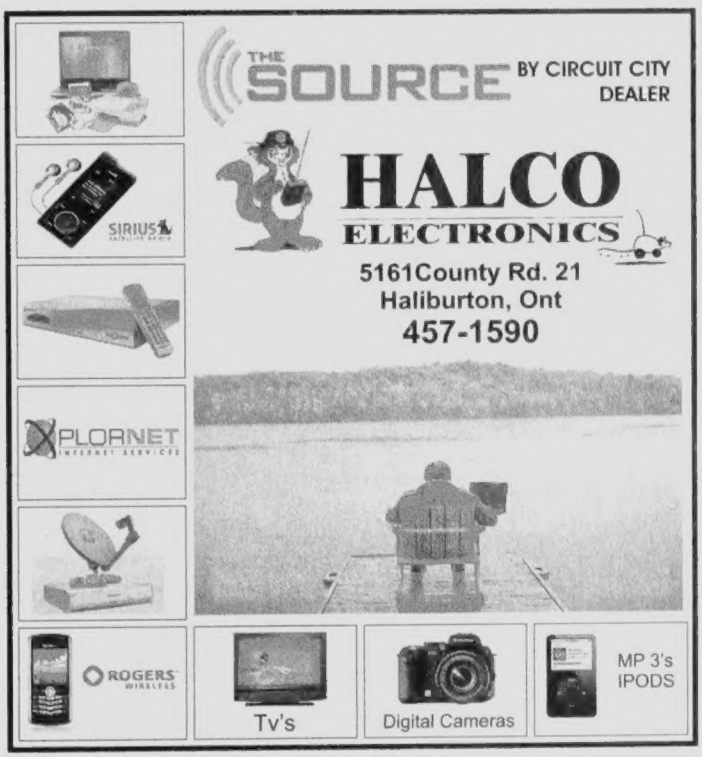
Mooring Covers cover the entire boat front to back, and come with an elastic adjustable cord for a snug fit. They are reinforced on the inside at stress points.

Pontoon Tops, Convertible Tops, and Bimini (sun shade) tops are also a speciality of Darlene's Custom Boat Covers.

In Darlene Pettes customers are not merely getting a seamstress, they're getting an outdoor girl who's an avid fisherperson, with a 13 lb laker to her credit. She hunts deer, turkey and moose, so she knows a thing or two about the outdoors and what's required equipment-wise. She's exactly who you want to either repair or custom- make your boat covers, or outdoor furniture accessories.

You can reach Darlene to make an appointment at (705) 286-1755. She's located at 1127 Tiffany Lane, off Deep Bay Rd, outside Minden.

Pictured: Darlene Pettes with and examples of her work; Darlene and daughter Aimie at the sewing machine.



A Little Bit of Everything

Yahoo! Summer is Here!

Are the kids bored yet? We have a great selection of water toys, crafts and supplies, games and toys. We have everything for either a sunny day or a rainy day.

For the campfire we have "Funky Flames" to add color to your evening. Also, we have safety forks for your wiener and marshmallow roasts. Too, we carry picnic supplies including napkins, cups, plates, forks, knives, spoons, bowls, and platters, as well as numerous BBQ utensils and supplies.

To keep away the summer pests we have citronella candles, citronella oil, and ant traps.

We know it's early to mention it, but the school supplies have also arrived.

Debbie, Ira & Joanne

Beside IGA & Home Hardware in Minden **(705) 286-3741**

Circle into Peace at the Minden Hills Cultural Centre

Peace Garden Labyrinth and Peace Pole Dedicated in Song

May peace prevail on earth: these words were said in five languages on a recent evening as a soft rain fell and the newly named Peace Garden Labyrinth at the Minden Hills Cultural Centre was dedicated.

The Out Loud Womyn's choir sang a series of international songs and lead members of the public on an inaugural tour of the labyrinth. It was the grand finale of a lovely ceremony.

"This is a beautiful addition to the Cultural Centre and I imagine I will be walking the labyrinth a fair bit myself," says Daniela Pagliaro, Cultural Centre director.

Sheryl Loucks, R.D. Lawrence Place coordinator, who emceed the dedication, says there has been a lot of interest in the labyrinth and people have been seen walking it ever since it was completed.

"This adds another touch of global culture to our corner that can be enjoyed by anyone of any age or belief system. We all complain about stress levels and this is such an easy free way to release some of that built up stress. At this time in our history, it feels good to embrace a little corner of peace," says Loucks.

The labyrinth is located on the Park Street side of the centre property. Nestled in between the Wee Kirk and the collections building, under a canopy of trees, this location was chosen after a pilot labyrinth was cut into the grass in the centre of the property in 2005.

The idea of creating the labyrinth was brought forward by Nevada "Roy" Truchan to then centre director Dianne Graham. Truchan's friends Pegi Eyers and Robert Hood laid out the labyrinth and cut the grass in 2006. The duo also organized activities that fall during the studio tour weekend.

It was decided the centre of the grounds was not a practical or private location and in 2007 the labyrinth was moved to its current location. Bailey Renshaw designed a seven circuit labyrinth that was laid out with stones. It was discovered though that grass grew up around the rocks and while dutifully cut by centre staffer Adele Espina's husband, it was decided this required too much maintenance.

Carol Simmons, Minden Hills Museum curator, secured funding and all of the rocks were removed, the site excavated, ground cover put in to block weed growth and a layer of fill and stone that will be packed down as the labyrinth is walked. Simmons, her summer students, Renshaw and her family worked in heat, rain, and blackflies to lay more than a thousand stones in the new labyrinth.

Everything was ready for the original dedication date of June 20 but mother nature had other ideas. The ground was so wet that you sank in over your shoes when you tried to walk the labyrinth. The dedication was moved to July 2, the evening of the first of four planned program sessions to be lead by Renshaw that follow the cycles of the moon.

The new Peace Garden Labyrinth name comes from the fact that on October 8, 1992, the council of what was then Anson, Hindon and Minden, dedicated the cultural centre's grounds as a Peace Park. This was done as part of an initiative between the Canada 125 Committee and the International Institute for Peace Through Tourism. On that date, hundreds of parks were dedicated as peace parks, which was also a symbolic gesture to celebrate Canada's 125th birthday. A grove of 12 trees, one for each province, was planted in each of the parks.

In the centre's park only two trees survived and these are now sheltering the labyrinth. A tree stump stool has been added to the centre that came from a tree that was felled by the 2006 tornadoes and turned into a stool by the Fleming College Sustainable Building students in 2007.

Also in honour of the Peace Park, a peace pole has been added. The pole was carved by Glen Jewett, the metalwork was done by Kevin Robilard Kinmount Blacksmith and it was installed by Fred Simmons. The pole says may peace prevail on earth in English, Finnish, German, French and Spanish. A speaker of each of these languages was present to read the inscriptions out to the crowd.

The ceremony concluded with Gaia and the Green Man walking out from the centre of the labyrinth while reciting a Celtic Peace Prayer from Antiquity.

The public enjoyed refreshments inside R.D. Lawrence Place and a discussion with Renshaw about labyrinths. Renshaw has travelled to various countries to study labyrinths and teaches a subject about them at Fleming College.

One of the first questions was what it is the difference between a maze and a labyrinth. She explained a labyrinth only has one way in and one way out, where a maze may have several. The biggest difference is that the idea of a labyrinth, an ancient global tradition dating back more than 3,500 years, is a path and when on the path the walker can always see the centre. Unlike a maze, there are no dead ends, blind alleys or tricks. This allows the walker to focus their thoughts and relax.

Labyrinths have been used by various churches, schools, prisons, hospitals and their use crosses all cultural and racial boundaries. They are used as quiet places for contemplation.

The public is invited back for three more sessions at R.D. Lawrence Place to learn more about labyrinths from Renshaw. She started on July 9, leading a walk under the first quarter moon which symbolizes the time of seeding. She is inviting people to think about what plans they would like to seed, or ideas or intentions they would like to see take root. July 18, under a full moon, the time of reflective light, and analyze what has been seeded. July 23, under a last quarter moon, is a time of reflection.

Each evening will start at 7 pm and include an introduction to each other and the labyrinth, a five minute discussion on the intention of the walk, a 30 minute walk, a period of about 45 minutes where participants can artistically express their walk with mandala collage or journal, followed by a 15 minute group discussion and 10 minute closing.

For more information about this program which is part of the Writer In Residence program, please call 286-2298.

6th Annual Stanhope Heritage Day

Saturday July 19
9 a.m. - 2 p.m.

See Haliburton Gold - the county's 10,000 year old fish species andcheck out the Heritage Gardens

Stanhope Heritage Day is a wonderful, annual small town festival featuring a wide range of activities and displays. Running from 9 a.m. – 2 p.m. at the Stanhope Museum in Carnarvon, the day will highlight historic trades and crafts, which will provide a perfect opportunity for local folks to demonstrate things like blacksmithing, pottery, rush weaving, chair caning, looming, basketry, tatting, bobbin lace making, bookbinding, carving, tinsmithing, spinning, weaving and rug hooking. You'll even be able to try out some of these activities for yourself.

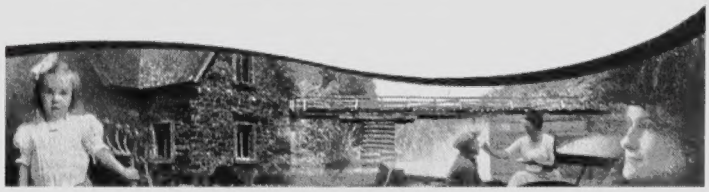
For hungry stomachs there will be a bake sale, BBQ lunch and the museum's famous Citron Marmalade. Kids games will begin at 11 am and will run all day.

There will also be terrific displays including the Haliburton Model Railroaders, Quilts, Betty the Washer Woman and her granny's drawers, local authors and their history books, Art in the Street, the always-intriguing antique "What Is It?" and Joe Smith's incredible antique cameras.

Come see Haliburton Gold - the county's 10,000 year old fish species, check out the Heritage Gardens, visit with folks from Trails and Tours as well as the Haliburton Water Trails.

Admission is only $2 and all those involved are volunteering their time.

For more information call Betty Moffatt at 705-489-3021 or send an email to info@stanhopemuseum.on.ca.



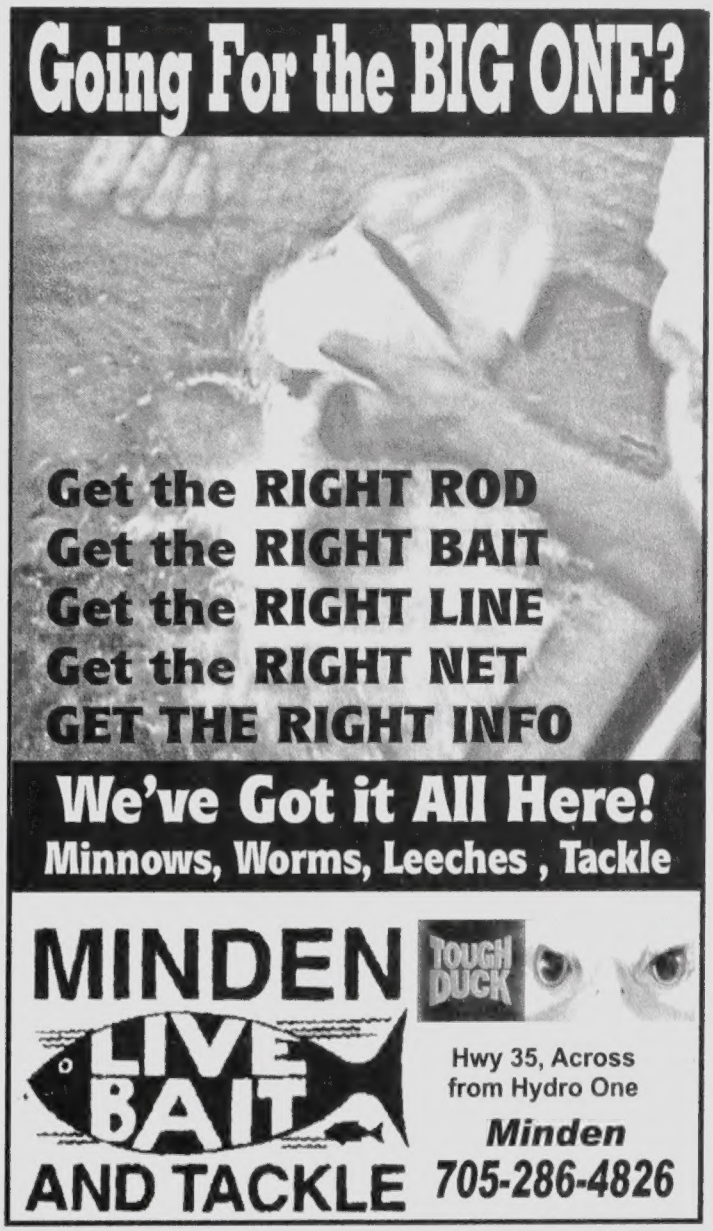
Huntsville Mayor to Appear at Dorset Emergency Awareness & Appreciation Day

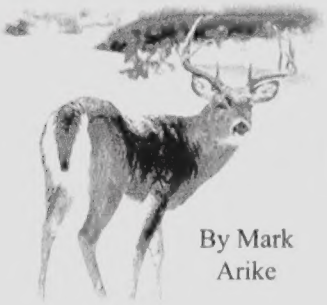
Dorset will play host to an Emergency Awareness and Appreciation Day on Saturday, July, 19 from 10 a.m. – 3:00 p.m. at the Dorset Ball Diamond Area.

At the event you'll have an opportunity to meet your local emergency services and see an antique line-up of vintage cars on display. Special guests will include OPP Sgt. 'Cam' Wooley and Huntsville Mayor Claude Doughty and his 1930 Silver Phaeton.

The Dorset Fire Dept. will demonstrate the Jaws of Life in a simulated vehicle extraction to remove trapped injured persons. There will also be a BBQ, so come grab a snack for a donation.

This event is being hosted by the Dorset Community Policing Committee.





The Hard Facts on White-Tail Deer

Local Forester Peter Hynard Shares His Expertise

By Mark Arike

Forester Peter Hynard gave a wide-ranging talk on the White-Tail Deer to a large crowd at the Haliburton Highlands Museum on Wednesday, June 18. The Haliburton Highlands Field Naturalists organized the event.

The White-Tailed Deer is most commonly found in the United States, Canada, Mexico, Central America and northern portions of South America. Some have even been found in Peru and Europe.

Hynard first became keenly interested in the White-Tail during his many years as a hunter. In detail, he described what it has been like to study these complex creatures.

"You can't learn a lot just by watching them," said Hynard. "They are a hard creature to figure out."

To learn more, he read several books and also took in a lot from his close encounters with these deer in Haliburton County. Hynard highlighted some interesting facts about the body characteristics of these deer.

"Deer are prey and not predators. They have the same eye construction as dogs which means they have good night vision but poor colour vision. Their ears can swivel independently and help them to locate a source of sound. They depend on their ability to hide and run and they're good at both."

Not only do they hold their own on land, but White-Tail Deer can also get going while in water.

"Deer are such good swimmers. They will readily take on water while under pursuit. They can swim for a mile or more," he said.

In the spring and summer, a White-Tail Deer's coat is a reddish-brown and turns to a grey-brown throughout the fall and winter. When it comes to communicating, these deer have several methods of doing so. These can be by way of sound, scent, body language and marking.

During Hynard's presentation, he passed around what is known as a tarsal gland to audience members so they could catch a whiff of its pungent odour. These tarsal glands are found on the lower outside of each hind leg. A scent is deposited from these glands when the deer walk through and rub against vegetation.

"If people are visual, deer are nasal. Deer do exhibit visual signs of communication but they mainly communicate by scent marking."

A big part of life for these deer is reproduction. Male deer, or bucks, will perform what's called a 'rub'. To make a rub, a buck uses its antlers to strip the bark off of small trees to mark his territory and polish his antlers. Bucks will also make scrapes. Scrapes can be found where a buck has used its front hooves to expose bare earth. They then leave their scent in these scrapes.

To acquire a female, bucks will show-off by fighting to prove which buck is the dominant male.

"Males fight for breeding rights. The does will seek out the strongest, toughest male," said Hynard.

Hynard also spoke of the deer's eating habits during the different seasons and pointed out the various factors that effect mortality rates.

"In the winter, some deer starve to death because of the lack of food. Hunters account for 10-12 per cent of all deer lost. Road kill is also a big factor." Ninety percent of wildlife accidents that happen in Haliburton County involve the White-Tail.

Predators (wolves, coyotes, bears), parasites and occasional mishaps are the deer's other major enemies.

"Deer aren't accident prone but they don't seem to know about thin ice."

Hynard also addressed the artificial feeding debate, but to further discuss the matter, Gerry Moraal, Area Biologist with the Ministry of Natural Resources took centre stage.

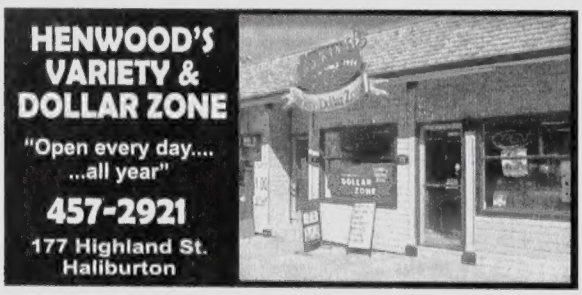
"Feeding is definitely an issue," said Moraal. "It has quite an impact on the behaviour of deer."

Moraal points out that if you are going to feed deer, it's something that you must always continue doing. If artificial feeding suddenly ceases, the deer won't be able to find food on their own and will face a higher risk of dying in the winter months. If, however, they are continually fed, Moraal says it can be beneficial to the deer.

"Deer that are fed consistently are in almost as good shape during the winter months as they were before going in."

In Moraal's opinion, in the long run it's better to not feed the deer artificially.

"The main message is don't feed the deer, don't even bother starting." They will learn to fend for themselves and a stronger population will result, he says.



The Spats

by Jeff Pickering

Community Hospice – A Helping Hand

By Tyson Farrell

Although new medical advancements are made every year, and humanity's fight against cancer is constantly improving, cancer still proves fatal all too often. It is an unpleasant reality, but one that many Highlanders are forced to live with. Fortunately, for those that have to cope with potentially terminal cancer cases, there is the Haliburton SIRCH Community Hospice.

The SIRCH Hospice has a mandate to provide care for people with terminal illnesses. Many of the hospice's clients are cancer patients. "44 percent of the people we help have cancer. Breast and prostate cancer are the most prevalent cancers amongst our clients. We also provide care for many stroke, MS, and Alzheimer patients," said Hospice Client Services Coordinator Linda May-Powers. With such a high percentage of clients affected by cancer, the hospice is well prepared to deal with the disease. "The Canadian Cancer Society provides us with all of the information that is currently available. All of our patients have full access to this," May-Powers said. "Some people don't want to read the material or learn about their condition. They want to keep optimistic, and they fear that they wouldn't be able to do so if they know all the information. It scares them. On the other hand, some of our clients want to know everything about their cancer, so they read all of the information that we can provide."

Hospice is a program designed for the terminally ill person and their care giving families. Respect for human life is the ethic behind hospice. Even at life's end, when medical treatment is no longer appropriate, heath care professionals can enhance the patients quality of life and provide support to their loved ones.

Hospice volunteers do a great deal to help those living with cancer. Volunteers visit clients, and help them in whatever way possible. This often includes picking up groceries, talking with the clients, and taking them to various locations. "We have about 25 volunteers, all of whom are extensively trained. They receive 45 hours of initial training, and then receive regular training throughout the year. We make sure that our volunteers and carefully matched with a client," said Hospice Client Services Coordinator Dorothy Owens. "Volunteers often provide care givers with respite, and allow them to take care of their own needs. Volunteers have helped clients finish knitting things, or helped write letters to loved ones. The client decides what they do with the volunteer."

Although the hospice primarily provides care for those with the illness, they also offer a wide variety of services for the client's relatives and loved ones. "Sometimes we teach a client's wife how to write checks, and do the banking. Other times teach a client's husband how to cook. These are things that they've depended on their partners for, but they can no longer do so," said May-Powers. "We also provide services to the bereaved. It can be very difficult when a loved one passes away, and we try to help. We help the bereaved for as long as six months, and sometimes longer. Sometimes people think that they should only mourn for a few days, or months. We let them know that grief can be a long process. Sometimes, after people lose a loved one, they think that they're losing their mind. They can't concentrate or stop thinking about it. We let them know that it's natural. We give the family somebody else to talk to. We believe that when people tell their story, the healing begins."

When cancer patients turn to the hospice, they are usually in desperate need of help. Despite their often bleak situation, the hospice clients always amaze the volunteers with their resolve and courage. "Our clients show amazing strength and willpower," May-Powers said. "They teach us to live for the moment, and to always keep positive." SIRCH is always searching for more hospice volunteers. If you are interesting in donating time to the community hospice, you can reach SIRCH at 457-1742.

1st Choice
Appliance Repairs

SERVICING ALL MAJOR BRAND APPLIANCES
MOBILE LAWN & GARDEN REPAIR SERVICE
Phone 457-8030
Serving Haliburton & Minden Area

Five Good Reasons
To Rent Your Cottage

1. To offset the rising cost of owning lake front property
2. To finance property improvements
3. Rented cottages are less likely to become the target of thieves or vandals
4. Taxation benefits such as tax-deductible expenses
5. **All Season Cottage Rentals** will take care of all the details for you

All-Season
Cottage
Rentals Inc.

No Administration Fees, No Hassles
Call Today! 705-754-1506
cottages@sympatico.ca
www.haliburtoncottages.com
Licensed Travel Agency #50015366 TICO

From Soyers Lake to HOLLYWOOD

Former Local Kate Campbell is the Embodiment of Chasing Your Dreams

By Mark Arike

Kate Campbell spent her childhood years growing up on Soyers Lake. During those days, the 27-year old tall, blonde starlet was crafting her skills in theatre at the Haliburton Highlands Secondary School (HHSS) and in the community in many plays with the Highlands Summer Festival. In more recent years, she has appeared in several commercials and just three months ago she moved from Toronto to Hollywood, California to really start pursuing her dreams.

"I've met some absolutely incredibly people here," says Campbell who is currently living in an apartment close to the infamous Hollywood sign. Campbell says that performing and connecting on that heightened level is something she's always wanted to do since she was a little girl.

"I remember watching old movies and plays as a kid. And like any kid, I liked dressing up and re-enacting famous scenes one in particular was doing this dance from the Nativity scene when I was two," she says. "It was this serious thing I would do with a veil and the cookie monster and everything, when company came over."

In high school, her debut acting appearance was in Grade 9 in a play titled "Love Affair with Hollywood". During this time, Campbell worked with other student Bob Sisson. She recalls what their working relationship was like and how it managed to inspire her.

"The memory of working with Bob was crazy and beautiful. Nobody was bigger, more exciting or had a bigger heart than he did. I remember playing his biggest fan in the play and he was the small town actor who makes it big in Hollywood. I wish I had a copy of that play now! I had to scream, faint and kiss him," describes Campbell. "He made me want to be a better artist. He still does."

In addition to acting, Campbell had a second passion and that was for sports.

"Track and field and physically working on jumping over hurdles was a major thing for me."

In 1998, Campbell became the first HHSS athlete to capture a gold medal in the 300 m hurdles at the provincial track and field championships. Campbell says that she's able to identify with athletes because they have the same determination and drive that actors and actresses need to have in a world that requires perseverance.

"Athletes understand that concept, of how hard you have to work in order to see the results" she says.

After graduating from HHSS, Campbell set out to Toronto to attend Sheridan College's music theatre program. After completing the intensive and highly personalized training diploma program, she landed spots in TV commercials for some big name companies including: Harvey's restaurant, Chevrolet Aveo, Lexmark, Kelsey's and Quaker Oatmeal. Campbell has also appeared in Durham County; a television series on Global, a short film, The Tragic story of Nling, that appeared in the Sundance Film Festival, a lead role in two different indy feature films directed by Indian Director Kalpesh Patel, Echo and Moments of Silence and a few TV movies.

A year after finishing college, Campbell made a return visit to the Highlands to star in the Highland Summer Festival's Sound of Music as lead character Maria which she calls "such fun, and a delightful memory".

To date, Campbell credits Neil Labute's The Shape of Things as one of her most memorable projects worked on.

"I produced and acted in it. We consistently had oversold houses and standing ovations and we made a profit! That was a great and wonderful challenge and also a very challenging character to play."

Although many things lead to her decision to move to the US, Kate recalls the tipping point of a little encouragement from her brother Shane Campbell, a talented artist and musician himself, said to her in the car on the way home for Christmas,

"He said to me, 'You have to make sure you're getting the right opportunities, and I think you need to go….. and I'll come visit" " He sees things in a really interesting way, and has a very honest approach to how he expresses it. "

Two days after getting settled in her new surroundings, Campbell landed a job in one of the finest restaurants in the country called Campanile. Recently, the establishment was nominated for best restaurant in the US at the James Beard Awards held at the Lincoln Centre in New York.

"I told them 'I'll run your dining room for free for two weeks to show you that I can keep your numbers up and to see if we get along." They accepted and after the two weeks they decided they needed her. "It's a tremendous honor to be here," explains Campbell. " I love food and I love wine and I'm learning so much more about it" she says of the 4 room wine cellar that she is now responsible for.

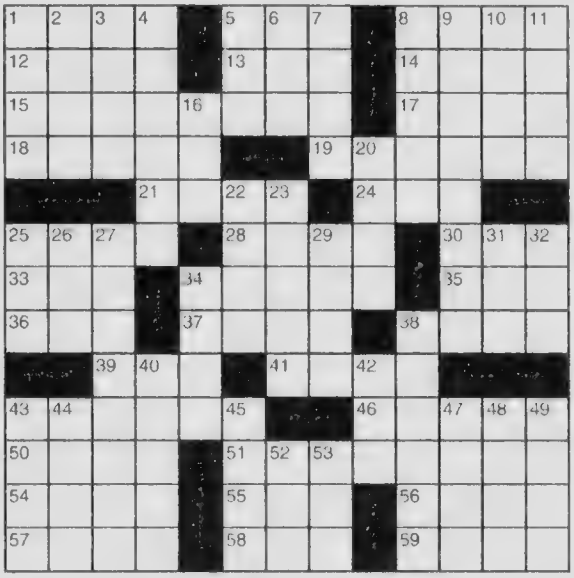
Since landing full-time work in the acting scene is no walk in the park, Campbell has been working diligently as the manager at the restaurant, but just four days a week.

"They know what my over all goals are and why I'm here". The opportunity has also allowed her to work legally in the States and meet some unique people, many of whom are in the entertainment industry.

"There are some absolutely lovely and soulful people here, I never thought I'd say that, but it's true."

Kate cont'd... pg. 12...

King Crossword



ACROSS

1 Tibetan monk
5 Brooch
8 First victim
12 Blackbirds
13 Buck's mate
14 Portrayal
15 Personal aura
17 River of England
18 Strips in the kitchen?
19 Housecoat of a sort
21 Pinion partner
24 Architect I.M.
25 Diastemata
28 Fibs
30 Proof abbr.
33 Volcano output
34 Easter symbol
35 E.T.'s craft
36 The air up there
37 Give a makeover
38 "Little Women" woman
39 Caribbean or Coral
41 Wings
43 East-of-the-Urals folks
46 Collision
50 Common queries, on a Web site
51 Review
54 Chills and fever
55 Fine, to NASA
56 Undressed
57 Oboist's sliver
58 Larry's pal
59 React in horror

DOWN

1 Elia's real name
2 Author Seton
3 Uncategorized (Abbr.)
4 John Jacob and kin
5 Without delay
6 Debtor's letters
7 Requirement
8 Got up
9 Small shop
10 Otherwise
11 Groucho-like look
16 - jiffy
20 Daisy lead-in
22 Hint
23 In a way
25 Petrol
26 Invite
27 Bod
29 Carbon compound
31 Small salamander
32 Homer's interjection
34 Cereal choice
38 Alaska explorer
40 Made comfortable
42 Performance
43 At a distance
44 Full of wisdom
45 Con game
47 Blue hue
48 Lather
49 Dickens' Uriah
52 Kanga's kid
53 Mamie's man

My wife and I were sitting at a table at my high school reunion, and I kept staring at a drunken lady swigging her drink as she sat alone at a nearby table.

My wife asked, 'Do you know her?'

'Yes,' I sighed, 'She's my old girlfriend. I understand she took to drinking right after we split up those many years ago, and I hear she hasn't been sober since.'

'My God!' says my wife, 'who would think a person could go on celebrating that long?'

And then the fight started...

Puzzle Time

Can you guess what this puzzle means?...

TTTTTTIIIIIIIMMMMMMMEEEEEE
ABDEFGHIJKLMNOPQRSTUVWXYZ

Ans: Long Time No C

Advertising a Business Card with the Communicator is like sending 10,000 Business Cards. But way cheaper! Call Brett 457-5001

John E. Francis Fuels
HEATING & COOLING
Serving Haliburton County since 1973
Installation • Sales • Service • Oil Furnaces • Tanks • Water Heaters • Duct Work
24-hr. Emergency Burner Service • Automatic Delivery of Home Heating Oil
Full Line of Ultramar Lubricants • 24-hr Cardlock for Diesel and Gasoline
Mini Storage Available
11495 HWY. 35 MINDEN (705) 286-2738

COUNTY AUTO REPAIR
& Radiator Service
Certified Air Conditioning Service Centre
Auto Repairs to all makes
Radiators repaired and re-cored
Guaranteed gas tanks Pronto Muffler Centre
Central Ontario Tire Dealer
RUST SHIELD No-drip Formula Rustproofing
Lube, Oil, Filter. Free Brake Inspection
457-1411 Industrial Park - Haliburton

Auto & Fuel Directory

Roberts-Austin Fuels Ltd.
Home Heating Oil Service
24 Hour Self Serve Gas & Diesel
Four Wheel Drive Delivery Truck
Box 240, Industrial Park
Haliburton, Ont. K0M 1S0
Phone: 705-457-3554
Fax: 705-457-5056

WEST GUILFORD TOWING
705-754-3780

Kate Campbell Cont'd....

... from pg. 10

Recently, she was also offered another full-time position (also involving a lot of responsibility) as the director of Ace Art Gallery in LA., one of the leading art galleries in the US. They approached her and offered her the position of Director of all of their events, including Oscar parties, gallery opening and parties for the artists.

"The art scene is pretty incredible down here" she says. Though she admits that the position would probably be more "intellectually stimulating than the acting world is right now," she believes that she'd have to forfeit further acting endeavours.

"I would have to say, I'd be kissing my career goodbye. My soul would never forgive me...if I stopped following my own artist heart," she says.

While she's not busy managing the restaurant's affairs, Campbell has made her LA stage debut last Friday in a four-man Canadian play by George F. Walker called Problem Child, it will run though out the summer until September.

For Campbell, the main objective while in Hollywood is to work with as many talented people as possible in order to develop further and become the best artist she can be.

"I'm so happy to keep growing though this journey. I don't expect anything to happen overnight and for me the reward is in the work" she says.

Kate says that both her parents, Lorne and Lynda, are behind her 100 per cent in her decision to head down the path she is currently travelling.

"My family has always been very supportive. Its been great."

When able to, she's been taking in the sights and sounds that LA has to offer.

"It's really neat to be able to drive up to Malibu and just sit by the ocean, and be incredibly grateful for everything in my life, my family, my friends and my art."

Photos by Felicity Murphy

GREAT BUYS NOW ON!
HURRY IN WHILE SELECTION IS GOOD.

#1 Grew Dealer in Canada

Grew 170 LE

90 HP Yamaha Fourstroke*, Tonneau & Bow Cover, Full Fiberglass Liner Snap in Carpet, AM/FM/CD Sport Interior

2008 Grew 180 LE

4.3 L MerCruiser, Tonneau & Bow Cover, Full Fiberglass Liner, Snap in Carpet, AM/FM/ CD, Sport Interior.

Grew 170 LE

3.0l MerCruiser, CD Player, Swim Ladder, Tonneau & Bow Cover.

08 Grew 170 L

90 HP Yamaha Fourstroke, Tonneau & Bow Cover, Sleeper, Bucket and Bench Seat, AM?FM/CD, Full Gauge Package.

2008 Grew 180 LE

3.0 L Mercruiser, CD Player, Tonneau & Bow Cover, Bilge Pump

Alumacraft 165 SC

40 HP Yamaha Fourstroke, EZ Loader trailer, 3 Fishing Seats, Aerated Livewell, 7' Rod Storage, Casting Decks.

18' Manitou Aurora

40 HP Yamaha Fourstroke, Bimini Top, Mooring Cover, Rear Entry with Swim Ladder, Docking Lights. AM/FM/CD, Table

20' Manitou Oasis

50 HP Yamaha Fourstroke, Bimini Top, Mooring Cover, Tilt Steering, Rear Entry with Swim Ladder, Chamge Room with Porta Pottie, Chaise Lounge, Docking Lights. AM/FM/CD, Table

06 Grew 166 LE

2006 New 166 LE, F90 HP Yamaha

20' Grew Fundeck

90Hp Yamaha fourstroke, Bimini top, tonneau cover, table, deluxe interior, full fiberglass liner, tilt steering, Clarion CD, 2 - 3 step swim ladders

YAMAHA OUTBOARDS
New non-currents & Demos

*Engine Only

2 STROKE

6 HP	$1445
8 HP	$1788
9.9HP	$2086
15 HP	$2384
20 HP	$2559
25 HP	$2792
90 HP	$6859

4 STROKE

2.5 HP	$808	15 HP	$2523
4 HP	$1287	20 HP	$3030
6 HP	$1672	25 HP	$3545
8 HP	$2041	90 HP	$7000
9.9 HP	$2330	115 HP	$8700
		150 HP	$11,163

Committed to Excellence - Committed to You!

WALSTEN Marine.com

(705) 488-2811

Hwy 121, 3 miles south of Kinmount

YAMAHA

Visit our website for previously enjoyed boats: www.walstenmarine.com

Curry Motors presents
7 Very Different Vehicles to GET YOU OVER 40 MPG

Ask us about other gas saving offers and promotions on our vehicles today. We can save you money on fuel!!

They are all-stars when it comes to savings at the pump!

CURRY MOTORS LTD.

Leigh Bull, Bob Johnston, Bob Bullock.

"Your Friendly GM Dealer Since 1923"

Haliburton 1-877-255-8143 **457-2100**

CHEVROLET PONTIAC BUICK GMC TRUCKS

GM Canada

www.gmcanada.com email: currymotors@gmcanada.com

Come in for a test drive today!!

ASK ABOUT LOW GMAC FINANCE & SMARTLEASE RATES*!

*Unless otherwise specified, all prices are Manufacturer's Suggested Retail Prices (MSRP) and do not include air conditioning excise tax, retail sales taxes, other applicable taxes, administration fees, freight charges or license fees. Individual dealers/retailers are responsible for setting their own selling prices. A dealer may agree to pool inventory with other dealers to enhance availability of vehicles.

THIS IS A LIMITED TIME OFFER - PLEASE SEE US FOR ALL THE DETAILS

Dumb Criminals

Dumb Criminals

Theft Makes You Tired…

A joyride for a 36-year-old man that started outside of Toronto, Ontario, Canada, came to an end early on the morning of May 31 when he took a nap on Sydenham Road.

Kingston police said that the unidentified man, who is not from the Kingston area and does not have a permanent address, stole a van in Mississauga and drove it to Kingston.

He filled up the hot van at a gas station at Conacher Drive and Montreal Street around 11:20 PM on May 30. Police said that the gasoline cost $90 and oil for the vehicle cost $11. He didn't pay for either.

Officers found the van about an hour later parked on the side of Sydenham Road just north of Highway 401. The suspect was asleep behind the wheel, according to police. It appeared that tire troubles had forced him to the side of the road.

Police arrested the man on charges of one count of possession of stolen property, one count of theft, and three counts of breach of probation.

I Said Compost It - Not Smoke It…

Police in Iowa City, Iowa, say that a man caught with a large quantity of marijuana claimed that all he had in mind was recycling.

A complaint by the Johnson County Sheriff's Office says that the unidentified 30-year-old man told police that he planned to turn several large bags of the stuff into compost.

Officers report that the bags that he had when he was arrested early May 31 held a "gallon" or more of marijuana each.

According to the complaint, officers didn't believe the compost story. As of this writing, he remains in jail on $14,000 bail on a charge of possession of marijuana with intent to distribute.

LEARN To KNIT

Looking for something to do? Why not come out to JanKint's studio and learn to knit with fur? We offer a peaceful environment in which you can come and sit down and learn to make your own hat or scarf or any other project from our extensive pattern collection.

With the purchase of a fur knit kit you will be taught how to knit with the yarn and how to put it together. If you choose not to use the fur but would like to purchase yarn and a pattern you re still invited to sit down and get all the help you need.

It is now time to think about the unique gifts for your friends, family, and perhaps a treat for yourself.

Hats, Scarves, Headbands or your own yarn...it...

JanKnit's STUDIO

Featuring

Paula Lishman Knit Fur beautifully Canadian...

JanKnitsstudio.com 457-4000

214 Highland St. Haliburton Beside the Molou Theatre

LOOK NO FURTHER...YOUR BOAT IS HERE!

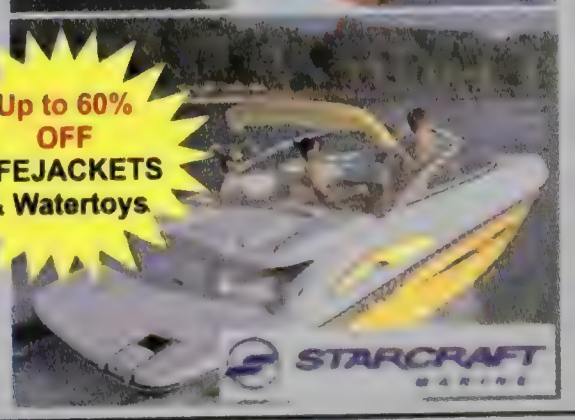
SUMMER BOAT SALE on NOW

Bowriders from $16,995*

Deckboats from $19,995*

Pontoons from $8,995*

Up to 60% OFF LIFEJACKETS & Watertoys



Wedgewood marine & RECREATION Est. 1970

Sales Service Parts Repairs Accessories Rentals Storage

Serving Haliburton, Muskoka Lakes, Bancroft and the Kawarthas for over 35 years.
14445 Hwy 35 at 12 Mile Lake, Minden, On. K0M 2K0
705-489-2320 Toll Free: 1.888.462.6286
All listings online at : www.wedgewoodmarina.com

MERCURY Water

STARCRAFT MARINE

*Select Styles, Limited Quantities. Freight, PDI, options, taxes extra.

Just Like Cats & Dogs by Dave T. Phipps

The Final Word On Nutrition

That's Life... by the Bashful Comic

After an exhaustive review of the research literature, here's the final word on nutrition and health.

1. Japanese eat very little fat and suffer fewer heart attacks than us.
2. Mexicans eat a lot of fat and suffer fewer heart attacks than us.
3. Chinese drink very little red wine and suffer fewer heart attacks than us.
4. Italians drink excessive amounts of red wine and suffer fewer heart attacks than us.
5. Germans drink beer and eat lots of sausages and fats and suffer fewer heart attacks than us.
6.. The French eat fois-gras, full fat cheese and drink red wine and suffer fewer heart attacks than us.

CONCLUSION: Eat and drink what you like. Speaking English is apparently what kills you.

A recent study found the average Canadian walks about **900** miles a year.
Another study found Canadians drink, on average, **22** gallons of beer a year.
That means, on average, Canadians get about **41** miles to the gallon.

Haliburton Crane

* Boom Trucks
* 50 Ton - 80 Ton AT

1-800-663-2405
or visit www.ecshaliburton.com

Country Pickin's
LIQUIDATION CENTRE
50%-80% OFF

AMAZING SAVINGS!
Shop Early For Best Selection!

HUGE SELECTION!
QUALITY BRAND NAME CLOTHING!

Next to Country Pickin's - Highland St. Haliburton **OPEN DAILY 11 - 4 until Labour Day**

BEAT THE SUMMER HEAT
WITH SOME VERY COOL DEALS.

2008 IMPREZA 2.5i 4-DOOR

STARTING FROM
$20,695†

CASH CREDITS UP TO
$4,000*

ASK ABOUT OUR LOW FINANCE RATES.

STANDARD FEATURES
- Symmetrical full-time All-Wheel Drive system
- 2.5L 170 hp SUBARU BOXER engine
- 4-channel Anti-Lock Brakes (ABS)
- 6 standard airbags
- 36-month unlimited km CAA Roadside Assistance

2008 LEGACY WAGON & SEDAN

STARTING FROM
$26,995†

CASH CREDITS UP TO
$5,000*

ASK ABOUT OUR LOW FINANCE RATES.

INSURANCE INSTITUTE FOR HIGHWAY SAFETY
Top Safety Pick ▲

5-star government crash test safety rating▼

JAPANESE ENGINEERED VEHICLES STANDARD WITH SYMMETRICAL AWD

Come in for a test drive today!

MINDEN SUBARU
13061 Hwy 35,
North of Minden

286-6126

Franka's Cafe

A Different Dinning Experience

By Tyson Farrell

Franka's Café in Haliburton village has only been open for a few weeks, but it's already making a big impact on the Highland culinary scene. Locals and tourists alike have been visiting the cafe in droves, and getting their share of the fine food and drink. Owner and cook Franka Andriano is exciting about her new café, and looks forward to a busy summer season.

Andriano is a first generation Canadian, and the daughter of two Italian immigrants. She grew up in Etobicoke with six brothers and sisters. "In Toronto I worked as in corporate sales, and as a social worker," she said. "I came up the Haliburton area for years. I used to stay and Bed and Breakfasts, and occasionally rent cottages. It got to the point where I was sad leaving Halibuton each time. That's when I decided to move up here."

Andriano moved to Haliburton six years ago and she began operating the Whispering Pine Bed and Breakfast on Pine Street in Haliburton. "I really enjoyed owning the Bed and Breakfast. It was a lot of fun, but I was ready for a bigger challenge. It was becoming too routine for me. I wanted to expand." As Andirano operated her B and B, she was also operating Franka's Delectables Catering. "A lot of people enjoyed my food, but didn't realize how expensive it was. With catering, you have to pay for the food and the service. I wanted people to be able

Franka's cont'd.. pg. 19...

Harmony Farm
Café-Gourmet Shop-Catering-Cooking School
Explore Your Senses
SPECIAL
try our tasty
Guana Pork Baby Back Ribs
Brunch Menu Every Weekend
Bistro Nights
More Great Gourmet Goodies
Eat In & Take Out
Gift Shop
Market
Seasonal Organic Vegetables
www.harmonyfarm.ca
3290 Cty Rd 121
6 km south of Kinmount
OPEN FOR DINNER
Thursdays, Fridays, & Mondays.
Reservations Recommended.
Next BISTRO NIGHT Aug 16.
705-488-3300 • 705-488-1749

Dining Never Felt So Good
Dining Room Open
5:30 - 8 pm Daily
Call for Reservations
457-2350
LAKESIDE PATIO
LIVE MUSIC! NEW LARGER LUNCH MENU!
COME BY BOAT, CAR, OR BIKE!! BEACH VOLLEYBA
Patio Open
12 - 6 Daily
The Bonnieview Inn
2713 Kashagawigamog Lake Road. 705-457-2350 www.bonnieviewinn.com

Italian Cuisine A Specialty At Franka's

... from pg. 18

to have small portions of my food. I wanted it to be more accessible. I wanted to open a café."

Andriano kept her eyes open for suitable venues, but she couldn't find one just right. "I looked at the Mingles location and the old Kozy Korner building, but they weren't right for me. They were too big. I wanted a small, intimate café." The perfect venue became available when Rachel's Bakery vacated the Village Barn. "I spent some time in Bahamas at an Ashram, and when I retuned I heard about the Village Barn location. It was perfect. It has high ceilings and a great energy to it. It's big enough to have a café, yet small enough to feel intimate."

Andriano decided that the moment was right, and she began to take her life in a new direction. She sold her Bed and Breakfast, and opened up a café in the Village Barn on Highland Street. It was a big decision for Andriano, since she has also been offered a job in Bahamas. "The Ashram I was staying at was looking for a cook, and I could have taken the job. It was on Paradise Island, and three doors down from Nicolas Cages's house. At another time I would have taken the job, but I knew about the location in the Village Barn in Haliburton, and I couldn't pass it up. I love Haliburton, even the winter."

"When you live in the city, you're not really part of a community. I wanted to be part of a community, which is one of the reasons why I'm in Haliburton. I love walking to the grocery, bank, and post office, and meeting people that you know. Everybody is so much nicer here than in the city. Everybody comes together to get things done. You're your insurance agent will even come to your house. It's great here. So I was eager to open a café."

Before Andriano could open up her doors for business, she had a lot of renovation work to do. "We went through about two months of really hard work," she explains. "I didn't realize just how many details there were to work out. Organizing all of the tradesmen was quiet a challenge. I wanted the café to look warm, and inviting, so I got a lot of help from Wendy Snelgrove at Dovetails Interiors. Renovating was a lot of work, but when it all came together I was overwhelmed. I put a lot of work into renovations, because I wanted the café to look different. I didn't want to be called 'the café where Rachel's used to be.' I wanted to be different, and have a totally different look." One feature that sets Franka's Café apart is the patio, which is the biggest in the village.

Andriano designed the café so that the kitchen was open and customers could watch her cook. "I wanted people to feel like they were in my kitchen. Also, I love to socialize. I want to see my customers and talk with them. I don't want to be stuck in the back in a kitchen away from it all."

On June 28 the café had its grand opening, and it's been rocking ever since. "We've had a great response from the community. A lot of locals, tourists, and cottagers have come in. We sell so much food that we're racing to keep our supplies stocked. A lot of people want healthier food, and I can provide that. All of the food is made by hand and slow cooked. All of the produce and meat is fresh. Even the pasta is fresh. We provide a lot of hot food-to-go, which is really convenient for people. They're fully prepared meals. If people want a hearty dinner on the run, they can come in and grab freshly cooked lasagna, or something else. We cater to both the healthy and the hearty eaters."

One of the big attractions of the café is their caffeine products. "We make real coffee, lattes, cappuccinos, espressos, and more. This is a place where people can get a really good cappuccino or latte."

"At a lot of cafés and restaurants the menus never change. We have something new each day. I like to experiment, and give people options. That's why my catering business's motto was 'What's Franka cooking today? You can never tell what people will like. When we started serving veal, I didn't know if it would sell. We've had lots of days where we sell out of veal altogether!"

At the Café, Andriano is devoted to cleanliness. "People eat with their eyes. Therefore, everything needs to clean, neat, and tidy within the café. It has to look good, and inviting. Similarly, service is really important. Every customer is greeted when they enter, and treated personably."

At the moment Adrianao employees three full time workers and three part-time. "My servers are great. They're very friendly and inviting. They help me with serving, and also prep work. There's a lot of work involved in cooking, and the café. I couldn't do it all myself. Some of my employees are high school students, and some I found through Job Connect. I give my staff an A-plus for effort."

Since Andriano has a history in social services she has a very strong social conscience. She donates her food to local charities, and volunteers with various organizers. "I hope to give cooking lessons in the future, possibly through the health unit, which teach people how to make healthy meals with a small income. Women's shelters are also something that I feel strongly about, and I want to help support the one in Minden."

When Andriano isn't busy labouring at the cafe, she relaxes in her West Guilford home with her cat Panda. She also enjoys going to the Toronto International Film Festival, singing with the Out Loud Womyn, and collaborating with the Algonquin Writer's Circle. Her hobbies have been suffering somewhat lately, because she has been pulling 15 hour shifts at the café.

"I'm excited for the summer," she said. "I'm sure that it's going to busy."

It's Happening in Kinmount!

by Lynne Kilby

Now that Kinmount Kountry Jamboree is over (and oh what a fabulous event it was), the next big event coming our way is **Moonlight Mania**. Originally planned for July 12, due to the weather forecast the event was rescheduled to **Saturday, July 19**, 5:00 - 10:00 p.m., Main Street, Kinmount. Hosted by Kinmount Business Association, the annual event offers plenty of family fun. Here's a chance for kids to catch activities missed at Canada Day celebrations this year – wagon/pony rides, face painting, kid's games and prizes. Festivities also include a bouncy castle, in-store specials, street vendors, great food, live music and more. Check out the model railroad display and art show at Kinmount Railway Station. Browse Kinmount Artisans Market for that perfect unusual item. Grab a draw ticket on an ATV sponsored by Kinmount Lions Club. Cost for vendor space by donation. To book a spot call 488-2919.

Don't forget about the **Bring Back the Ice Fundraiser Dance** featuring the swingin', rockin' blues band, **The Rocket 88's,** August 2, at Kinmount Arena. This is a family event, licensed under the LLBO. BBQ starts 5:00 p.m. Call 488-2211 for tickets.

About 20 Icelandic tourists travelling Ontario by tour bus visited Kinmount on the Canada Day weekend. Booked to stay for 1 hour, the group enjoyed Kinmount so much they stayed 3½ hours exploring Austin Sawmill Heritage Park, Kinmount Artisans Market, the model train display and art display by Brenda Mulholland who is thrilled to have some of her work returning to Iceland.

Kinmount and area Business Directory

Kinmount TIM-BR MART
4116 Hwy #121, Kinmount
705-488-2000
Fax: 705-488-3439
Email: timbermart_kinmount@sympatico.ca
Whether It be Product or Service...We Deliver!
Helping You Build Better!
Windows & Doors
Hardwood & Laminate Flooring
Building Supplies
Solignum Stains
Cultured Stone

RE/MAX
1-800-305-3611
Office: (705) 488-3000
Res: (705) 488-3100
County-Town Realty Inc., Brokerage
Each Office Independently Owned and Operated
DIANNE SPRING Broker
dspring@sympatico.ca
www.diannespring.com
4980 Monck Rd. (CTY RD.45)
Kinmount, ON K0M 2A0

Calling contestants for the **2008 Kinmount Fair Ambassador** competition - As Ambassador you will represent Kinmount Fair at various events including the C.N.E. and a weekend convention at the Royal York Hotel in Toronto. You will receive monetary prizes and gifts. As well, the title of Kinmount Fair Ambassador makes an impressive addition to your resume. The contest is open to any male/female, 17 years and up as of August 15, who resides in our area. Former ambassadors are requested to supply the Fairboard with contact information. An invitation is extended to younger children to make a crown and participate in the future ambassador parade. Contact information: doug.pearson@sympatico.ca or phone 488-2547.

Something new - The **Royal Canadian Legion** invites you to **Summer Drop in Darts** Wednesdays, 7:30 p.m. and **Horseshoes** Sundays, 3:00 p.m. through July & August.

Make a difference - Obtain a pledge sheet or sponsor a participant in the annual **"Journey for Health" walk-a-thon/ bike-a-thon** taking place Aug.10. Enjoy a delightful walk/ride down the Victoria Rail Trail beginning at Austin Sawmill Heritage Park. Free lunch & draw for prizes. Proceeds to Kinmount District Health Services Foundation. Call 705-488-3053.

July 19 - **United Church Yard Sale.** Call 488-2687/488-2129 for info.

July 19 - **Friends of the Library Book Sale**, 10:00 a.m. - 2:00 p.m., lower level, Kinmount Public Library.

July 27 - The **United Church** holds an **Outdoor Service** at Austin Sawmill Heritage Park at 9:45 a.m. Following the service enjoy **artists in the park** who invite you to join them for sketching while **Communities in Bloom** judging takes place.

August 2 - **Rubber Duck Race** 3:00 p.m. at Austin Sawmill Heritage Park. Proceeds support **Special Olympics.**

August 2 - **Kinmount Seniors Yard Sale**, 9:30 a.m. at Kinmount Railway Station. Call 488-2220 for more information.

Ongoing activities and events:

Experience the exquisite taste of **Kinmount Farmer's Market,** Saturdays, 9:00 a.m. - 2:00 p.m. at Austin Sawmill Heritage Park beside Kinmount Railway Station.

Bring your lawn chairs, relax and enjoy **Music in the Park**, a free summer concert series **Thursday evenings** at **6:30 p.m.** through July and August at beautiful Austin Sawmill Heritage Park. Sponsored by Kinmount & District Lions Club.

Discover **Kinmount Model Railroad** at Kinmount Railway Station. A display of **works by local artists** is featured throughout July and August. Weekends only.

Kinmount Public Library offers a **Summer Reading Program** for kids entitled Laugh Out Loud Thursdays at 10:30 a.m. Call 488-3199 for more info.

Highland Cinemas features 5 theatres along with an **historic film museum.** Visit highlandscinemas.com or call 488-2199.

Bingo lovers - Try your luck Friday evenings at 6:45 p.m. at the Royal Canadian Legion or check out **Fun Bingo** Monday evenings through July & August at 7:00 p.m. Prizes for all ages.

Please call me at (705) 488-2919 or E-mail me at lynne.kilby@sympatico.ca to share news or advertise an event. See you in Kinmount!!!

Inside The Fringe

A Somewhat Partial Revue

by George Farrell

There's so much happening entertainment-wise in Haliburton county on any given summer weekend that some people might not know quite what to attend. One might think that there is simply too much, and that a small theatre experience would be swept aside in light of more established venues. Think again.

In the Minden Fringe, Playwrights Workshop Minden has discovered a niche market, and judging by the first sold-out performance looks likely to catch on, and establish itself as a real player in these parts.

What is the Fringe? Local playwright and Playwrights Workshop founder Michael Fay says that "the Fringe is comprised of original works of an edgy nature, not usually produced on a subscription basis. As a playwright I've seen an audience build that is ready for original works, and I've seen works of high originality and audience interest in our workshops." Michael cites other reasons for the Fringe success. "We were offered a unique venue at Wintergreen Pancake Barn, with a dinner situation. We have fit in with their already successful schedule, and what the combination of a meal and theatre offers is a great value package for theatre goers.

Word of the Fringe has spread very quickly, and not just in the county, but as far away as Saskatchewan. Jim Blake a local story teller of national repute who along with Fay Wilkinson will be performing later in the Fringe season, was not able to attend the opening due to his being
at the National Storytellers Conference in Saskatoon, where he reported that "folks from across the country were interested to hear about the Minden Fringe – and a new opportunity for the presentation of storytelling and other performing arts."

For those of you who were not present at opening night but might be thinking about catching a later show, here's what transpired on the evening of Saturday, July 5th. Dinner was served at Wintergreen at 7:00 pm. It was easy to see right away that the downstairs dining room was packed with about 60 customers. Dinner consisted of chicken breast cooked outdoors on the BBQ, baked potatoes, fresh corn on the cob, Caesar salad, and carrot cake for dessert. There was cold bottled water or coffee included. The meal was very good, the ambience splendid, and conversation jovial. In short everyone was having a good time.

At about a quarter to eight yours truly, a Playwright member, dressed in tails, high hat and cummerbund played the part of an old fashioned impresario, and white-gloved ,proceeded around the tables handing out programs. I got a few weird stares and quite a few laughs, but the outfit set the tone for the theatrical followings. After handing out the programs I announced that when they had finished their meal people could proceed upstairs to where they would find 60 seats laid out in front of a very small stage area. Intimate would define it very well. I admit to a bit of nervousness as I introduced the opening act which was Barry Hayward and the Abbey North Drummers. Abbey North is well known for their inimitable style of world beat rhythms of acoustic drumming. On this occasion Barry accompanied the drummers with some rhythm guitar, and the group sounded not dissimilar to the Neville Brothers rhythm section, which aint such a bad thing. Sort of funky low-down, just right for the steamy night outside. The doors were open and a wafty breeze occasionally caressed a moist cheek as the drummers invoked latent participatory 'native' murmurings from the assembled throng. Everyone quickly got into the spirit of things; Barry is very good at breaking down barriers and getting people to participate. After a few numbers the drumming was too soon over. Another engagement that evening precluded any encore, and to tumultuous applause the group packed up.

Throughout the evening the occasional pop of flash bulbs was to be seen as local media coverage was present. So too was Midori Nagai who was video taping the evening on behalf of the Playwrights Workshop and Highlands Media Arts. Midori is learning how to operate the video camera, and the event was a perfect opportunity for her to experiment a bit.

So after the Abbey North drumming performance, up I got, and walking stick in hand announced the short intermission. Too short in someways because I needed to cool down. Tails and top hat were a bit hot for the balmy summer night and I welcomed the outdoors, bugs or no bugs; though they pretty well left me alone, not knowing quite what to make of my sartorial splendor. Thanks to Caryl Miller for my finery, and for those who might give a damn, that's about as good as I can look folks.

It was then time to introduce the second performance of the evening,

Fringe cont'd... pg. 26...

NOW OPEN

Rhubarb

WINE FOOD BEER

Rhubarb is located at the Silver Eagle Cottage Resort and overlooks Eagle Lake. The name is synonymous with Eagle Lake and its infamous rhubarb claim to fame.

Rhubarb is open year round, houses a covered screened in porch, for the true Highland experience and offers creative, lunch and dinner menus. Proprietors Christopher Carl and David Adams draw upon 40 years of culinary experience collectively to provide guests with exciting regional food and interesting wine.

Complete your day with a visit to Rhubarb.

705-754-9800

Sir Sam's Road
Eagle Lake, ON K0M 1M0

www.rhubarbonthelake.com

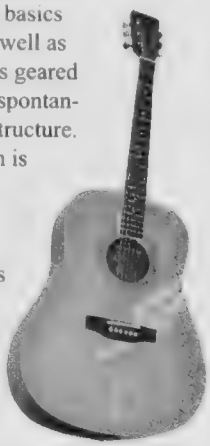
RESERVATIONS RECOMMENDED

Jammin' the Blues...

Workshop for Both the Novice and Experienced Musician

West Guilford Community Centre, July 21 - 25, (M-Fri) 9am- 4:30pm

Jammin the Blues: is for both the novice and experienced musician. Learn the basics of improvisation as well as combo arrangements geared to your level of experience. Improvising music is the spontaneous creation of melody based on chord and rhythm structure. You don't have to be able to read music. This program is based on chord theory and playing by ear. After some basic fundamentals, the focus of the week will be on jammin' as a band to develop those cool grooves and hot chops. You will be introduced to a variety of styles including Roots Blues, R & B, Funk, Reggae, Country, Folk, World, Latin and Jazz. Whatever your instrument you will benefit from both individual attention and the group experience. A basic knowledge of your instrument is necessary. This is an adult based program and teens are welcome.



Fee is $230. P.A. & digital recording equipment provided. Bring your own instrument(s) and a swimsuit (there's a beach across the road) Registration is limited.

For more info and to register call: Clark Guettel 613-625-2946 or email at clguettel@webhart.net

Family Fun Night at Dorset Recreation Centre

Dorset Recreation Centre, Dorset, July 24, 6-8:30pm

For kids of all ages, in the gym and library. Join in for Story time or the TD Reading Club 'Laugh Out Loud' while parents do sports such as basketball, volleyball, badminton or floor hockey in the gym. July 24 is 'Pizza Night'. Sponsored by the Algonquin Community Development Cooperative. Call 705-766-9968 or email drc@algonquinhighlands.ca for more information.

Love is in the Air...

Minden Flower Show

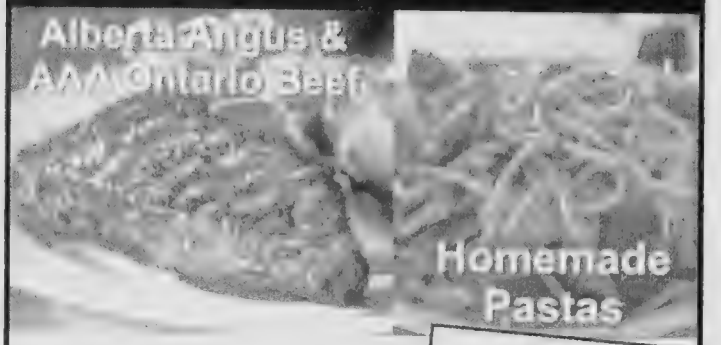
'Love Blooms' is the theme of the 29th annual Flower Show set to be held by the Minden & District Horticultural Society.

Doors open at the Minden Community Centre at 7 pm on Friday, July 25 with the opening ceremony being held at 7:15 pm.

On Sat. July 26 the event hours are from 10 am - 4 pm. Entry for the event is $5 per person which includes a light refreshment and door prizes. Children 12 and under are free.

For more information contact Rose Paliwoda at 705-286-3157 or email her at pauline.plooard@sympatico.ca.

Mouth-Watering Menu



Extensive Wine List
Large Children's Menu
6 Draughts on Tap

Open 6 days a week from 4 p.m
Closed Tuesdays

The Pepper Mill
STEAK & PASTA HOUSE
(705) 489-1939

Hwy 35 South of Carnarvon 489-1939

'Highlands Heritage Dream Quilt' To Be Unveiled

The Haliburton Highlands Quilt Guild is hosting a bi-annual quilt show in the Minden Curling Club on Friday, July 25 from 3 – 8 pm and on Sat. July 26 from 9 am - 4 pm.

The festivities will feature a vendors market, demonstrations by quilters, weavers, spinners and knitters. The theme will be 'Heart of the Highlands' and any quilts, bags or garments done in this theme will be judged.

Robert Preston, scissor sharpener and Rosalie Tennison, quilt appraiser will be in attendance so bring your scissors for sharpening and any quilts that you would like to have appraised. A special part of this year's show will be the unveiling of the 'Highlands Heritage Dream Quilt'. Items will also be up for sale from Highlands Quilt Guild members and there will be many quilts to admire.

The Rocket 88's Blast Off Live at Kinmount Arena

by Lynne Kilby

10, 9, 8, 7, 6, 5, 4, 3, 2, 1 ….. BLAST OFF!!!

The Rocket 88's are waiting to zoom with you on an unforgettable journey taking place at Kinmount Arena from 5:00 – 11:00 p.m., Saturday, August 2. Get set to be thrust through an explosion of 80 years of music…blues, jazz, swing, early rock 'n' roll, classic rock, country rock and more. It's a toss of the dice. Since you never know what you're going to hear next, expect The Rocket 88's to bring you a rush of thrills.

Together since 2000, The Rocket 88's are best described as a swingin', rockin', blues band that plays hard and has fun. Their mandate of bigger and better sees the energetic core group of 7 regular players joined by many great musicians. The Rocket Revue musicians, many of whom play in other bands, get together whenever they can to rehearse, record and put on shows. With a dozen or more musicians on the stage at any given time, the Rocket 88's have a different line up of musicians each time they play. This truly unique feature of the band makes it difficult to say who exactly is in the band, but the band boasts that every Rocket concert is an event you will never forget. Over the years, many of the Rocket 88's have performed, recorded and toured with many of the true 'greats' of our time. Founder of The Rocket 88's, Greg Weichel, named the band out of his love for the classic car with the same name. Check out The Rocket 88's website at: rocket88s.ca

This family event fires up at 5:00 p.m. with a BBQ. Warming up for the Rocket 88's, J.L.Avis and the Barn Burners are featured at 6:00 p.m. Tickets cost $20.00. For ages 12 - 16 tickets cost $10.00. Children under 12 are free. To secure tickets for the show before they are gone call (705) 488-2211. This event, licensed under the LLBO, is a fundraiser for the "Bring Back the Ice" initiative and other community projects and is sponsored by Kinmount Lions Club and Kinmount Minor Sports.

So get your dancin' shoes on 'cause there'll be plenty of space for a rockin' good time. Hear The Rocket 88's soar to new heights when they burst to the stage to launch a sizzling hot performance at Kinmount Arena located at beautiful Kinmount Fairgrounds.

Feel the Heat of Latin Ballroom at the Dusk Dances Workshop

The Dusk Dances performers will be hosting two exciting workshops from 1:30 – 3:00 pm on Saturday July 19.

Havana Nights: Ballroom Essentials, with Zhenya Cerneacov

Get ready to feel the heat of Latin ballroom! Let loose, enjoy the music, and get in touch with your own sensuality through the passion of Latin Dance. We'll begin with a warm-up that explores the hypnotizing movements of the hips, and then delve into more comprehensive steps, adding movements of the arms, torso, legs, and feet. The class will finish with learning two different combinations to sizzling Latin-Fusion music. After this workshop you may not know how to speak Spanish, but you'll definitely expand your vocabulary in the art of body language! No partner required. This is a workshop for all skill levels. Dress shoes for men, low-heeled shoes for women as well as knee length skirts or dresses.

This workshop will be held at Haliburton Dance Arts Studio located at 19 George Street off of Pine Avenue in Haliburton Village. Cost is only $10.00 for adults and $5.00 for students and children. Pay at the door.

For more information or to pre-register please call Jim or Adrian at 457-3555 or email info@haliburtonarts.on.ca

44th ANNUAL Haliburton ART & CRAFT FESTIVAL

Friday July 25, Noon - 7 pm
Saturday July 26, 10 am - 6 pm
Sunday July 27, 10 am - 4 pm

Artist demonstrations
Licensed refreshment & BBQ tent
Children's art activity by *The Newfanglers*
"Art For Life": Guest speakers
sponsored by Royal LePage Lakes of Haliburton Brokerage
Door prizes donated by:
Watercolours Condominiums, Cottage Country Log Cabin, Lisa Barry, Judy Breau, Brent McGillivray, Karen Sloan, Graham & Debbie Wales.
Live on air CANOE FM Radio Almanac Saturday 11-1
admission $2 /$5 family
presented by **Rails End Gallery & Arts Centre**
a registered Canadian Charity devoted to bringing art to life in Haliburton.

www.railsendgallery.com

THE TENTH HOLE
Lakeside
Restaurant & Bar 754-2110
7 Days a Week - 11am - 9pm
Patio, Daily Specials, Fri $7.99 Fish n Chips
Saturday Night All You Can Eat Pasta
Lic. LLBO **Hwy 118 just past the West Guilford turn off.**

Highlands Summer Festival Continues

While visiting the cottage – or sitting at home wondering what to do – why not take in a live performace by attending one or all of this years lineup of great performaces at the Highlands Summer Festival.

The performances take place at the Northern Lights Performing Arts Pavilion, Haliburton.

Various dates that began June 30-July 31, 8:00pm

The Foreigner was the first production and it is now finished it's run.

Trying - July 14 - 18, 23 - 25

A compelling comedy/drama by Canadian playwright Joanna Glass.

Deathtrap - July 28 - 31 (Performances continue in August)

By Ira Levin. An edge-of-your-seat thriller!

Northern Lights Performing Arts Pavilion is located at the High School in Haliburton. Tickets, at $25, are available from the Highlands Summer Festival box office. Call 705-457-9933 or visit the website at www.highlandssummerfestival.on.ca

PRESS PLAY

Now Managed by the flickchick

Watch for her article in this magazine.

Now Offering DVD/Game restoring service for $5.00 per disc

Mon - Wed 10 - 8
Thurs - Sat 10 - 10
and Sun 10 - 6

Movie and Game Rentals

New Releases, with Numerous Copies
Popular Titles for All Ages

Promotions for July

- 10 rentals gets you one day free rental
- Buy VHS movies $2.99 each, buy 10 get one free
- Buy previously viewed DVD's for $9.99

50 York Street - Haliburton back of the old Rexall building

457-9385

♥ the flickchick

By Ashley McAllister

Movies for July 15:

Drama/Action/Horror

30 Days
Asylum
The Bank Job
Banshee
Insanitarium
Sleepwalking
Shutter
Step Up 2

Family/Adventure/Comedy

College Road Trip
How to Rob a Bank
Journey to the Center of the Earth
Penelope

Movies for July 22:

Drama/Action/Horror

Emotional Arithmetic
Paranoid Park
The Ruins
Stop-Loss

Family/Comedy

Picture This
Robot Chicken-Star Wars
Delirious

Big Release

21: When a brilliant mathematics student at MIT joins a team of five other students and begins to learn the art of card counting, he ultimately goes all-in on a plot to take Vegas by storm—and a few million—with the help of his new teacher. Based on actual events and facts.

theflickchick"s **pick : In Store Now**

Vantage Point

Rated: PG-13 **Length:** 90min.

Starring: Dennis Quaid, Matthew Fox, Forest Whitaker

Usually in the summer I try to avoid movies that involve thinking too much. I live for the easy going romantic comedy or the sleazy college nonsense that seems to be everywhere this summer. However *Vantage Point* was well worth broadening my film-horizons! It is definitely the perfect summer action flick so far, packed with twists and turns and non-stop thrills that will have you guessing until the very end. *Vantage Point* is the story of a Secret Service agent, a news crew, a tourist, a terrorist, and a desperate brother as they are thrown together in seemingly unrelated events. As time rewinds over and over again, we see the events leading up to the 'assassination' of the President, from each person's eyes. *With* a wide variety of actors playing fabulously defined characters, the movie follows the different points of view of numerous characters, all telling the same story: who shot the President of the United States? The movie starts with a bang, literally, and knocks you off your feet. There is no relaxing at all during this clever plot, where each characters story gives you another piece of a very complicated puzzle that you can't piece together until the grand finale, and what a showstopper that turns out to be!

Quote of the Movie:

Luis: Is everything going to plan?

Suarez: To the last detail.

Luis: And the President? Are you sure they sent a double?

Suarez: The beauty of American arrogance is that they can't imagine a world where they're not a step ahead.

Halimar Resort

Great Food
Great View
Great Service

A water front cottage resort...
Lakeview A/C accommodations...
Serving BREAKFAST & DINNER daily!

RESERVATIONS PLEASE 457-1300

2797 Kashagawigamog Lake Rd-Haliburton

WOW, It's Happening... The Minden Library is Expanding!

Construction is beginning on the new 5,000 sq ft library and organizers are so excited. The library will still be open its regular hours during the construction phase and they ask that patrons obey all fencing and signage around the Cultural Centre.

Everyone is encouraged to stop in and have a look as theyhave the plans for the new addition up in the library for all to see. This is an exciting time for everyone at the library and there will be even more when the addition is completed and theyget moved in. Stay tuned for updates.

No matter what the reason – be sure to stop by the library and see what they have to offer.

Hours are as follows:

Tuesday and Wednesday 10:00 - 12:00; 1:00 - 5:00; Thursday 1:00 - 5:00; 7:00 - 9:00; Friday 1:00 - 5:00; Saturday 12:00 - 5:00

For more information, contact the Minden Branch of the Haliburton County Library at 286-2491.

Weekly SUDOKU

by Linda Thistle

	4		5		9		6	
		9			3	5		
8				7				3
	2			8		6		
		7	3				5	
1	6				2			4
	9			2			3	
		8			7		2	1
5			4			8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

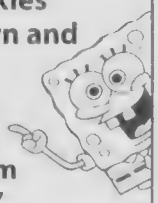
★ Moderate ★★ Challenging
★★★ HOO BOY!

© 2008 King Features Synd., Inc.

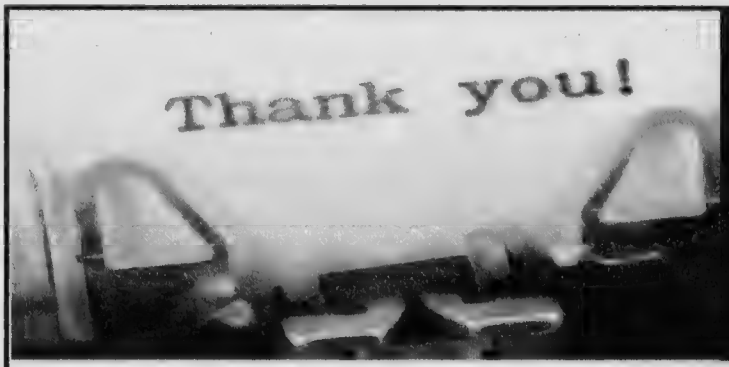
top ten

TV Cartoon Characters

1. Bugs Bunny
2. Homer Simpson
3. Rocky and Bullwinkle
4. Beavis and Butt-Head
5. The Grinch
6. Fred Flintstone and Barney Rubble
7. Angelica Pickles
8. Charlie Brown and Snoopy
9. SpongeBob SquarePants
10. Cartman from "South Park"



Source: TV Guide



Community Care would like to say a huge thank you to the following Fabulous Restaurants who are in this years Fabulous Feasting Coupon Book. All 300 Boooks Sold in 2 weeks!

Bonnie View Inn
The Cookhouse Restaurant (Haliburton Forest)
Delta Pinestone Resort
The Fire House Restaurant
Gravity Coffee House
Grill on the Gull
Haliburton Family Restaurant
Lakeside Golf Club Inc. - The Tenth Hole Restaurant
Martin Wood Resort
McKeck's Place
The Mill Pond Restaurant
Oakview Lodge & Marina
Old Country House Restaurant & Bar
Ox Narrows Resort
The Pepper Mill Steak & Pasta House
That Place in Carnarvon
Rhubarb Restaurant
Tracey's Bistro & Grill
Win Yeung Chinese Restaurant

Community Care HALIBURTON COUNTY 457-2941

Providing services to seniors (55+) and adults with disabilities and / or illness (18+) throughout Haliburton County

Art in the Street Returns

Seeing the final product of an artist is one thing – but nothing beats watching the artist at work – seeing how they arrive at their final masterpiece.

Again this year you have a chance to see artists at work throughout the county as the Arts Council presents a continuation of the former Art in the Street program. The program provides the chance to interact with local artists as they demonstrate their craft. Meet and learn from local potters, painters, wicker workers and many more! The program also acts as an information kiosk for all things art in the county. Be sure to look out for the Arts Council Presents… booth throughout the county under the blue canopy tent with the red "Where it's Art" banner.

Future Arts Council Presents… participants in July include: Basket weaver Sheila Ziman (Stanhope Heritage Day, July 19), Knitter Arlene Johnston (44th Annual Haliburton Art & Craft Festival, July 25), Sculptor Colette Dionne (44th Annual Haliburton Art & Craft Festival, July 26), Performing artist & Puppeteer Shelley King (44th Annual Haliburton Art & Craft Festival, July 27)

For more information about the program or the artists being featured, please call Adrian, Arts Council Summer Program Coordinator, at (705) 457-3555.

Inside the Fringe Cont'd...

... from pg. 21

Sarah Delroy and Ryan Dawson in performance

which was a short play written by Playwright member Sarah Delroy. It's called Love Through the Fourth Wall and the performers were Sarah, Ryan Dawson, Greg Luck, and Kathleen Atkinson. The play is an exploratory look into the concept of the 4th wall in theatre, and how it parallels distancing in everyday life. The audience helps to decide the fates of certain characters and is encouraged to participate. Participation is a feature of Fringe not usually found in other theatre models, and one which the audience totally enjoyed on this night.

On introducing the play I was required to tell the audience, consisting of several younger people, that there was a little 'blue' language. Mothers were forewarned, and the appropriate ears were covered at the appropriate moments, and no one was any the worse. I mention this only to impart that Fringe is a little more risque and edgy than the normal theatre fare in these parts. I guess you could say that the Fringe pushes the envelope a little, something that the arts hereabouts could use more of if you ask me, but no you didn't ask, so I'll say no more on that subject for now. The audience response to the play was overwhelmingly that they totally enjoyed it, and they played off the performers with laughter, groans, and additional participatory noises.

The young people performing on this evening were a pleasure to behold. That these young people, our young people, are also talented, speaks well for both our community and for the theatre it supports.

Yes, the evening was a great success. Wintergreen and the Minden Fringe are a great combination. Future shows are set for July 19th August 2nd, and August 16th. There will be performances by the Community Playback Theatre, Jack Brezina, Tim Nicholson, Tyson Farrell, Kathryn Boyd, Aaron King, Christopher King, Naomi DuVall, Jerelyn Craden and Mike Lewis, Jim Blake and Fay Wilkinson. So, book early for one of the highlights of the summer season.

For ticket reservations and to find out more about upcoming Fringe performances call (705) 286-3202. The Wintergreen Pancake Barn is located at 3325 Gelert Rd (formerly County Rd #1), in Gelert, about 2 km south of South Lake Rd.

Views and Reviews
Wilberforce Legion Branch 624

By Mel Smith. P.R.O.

This will be a busy week at our Branch of the Legion. We have Open Bid Euchre (every Monday Night at 7:00 p.m.) Wednesday night brings Open Dart Night at 7:30 p.m. Thursday afternoon at 1:00 p.m. we have Euchre at $2:00 Per Person. The Meat Draw will be at 3 p.m. on Saturday and for your convienance were have put out New Signs as a reminder of this event.

The Ladies Auxilary and Members of our Branch would like to invite you and your family to join them for Brunch every second Sunday of the Month from 9:00 p.m. til noon. Adults are $6:00 and Children are $3:00 and Children under 6 years of age are FREE.

Friday July 18th we are having a Spaghetti Dinner at $6:00 per person and it will run fro 5:00 p.m. til 7:00 p.m.

The following Saturday Night July 19th, is Dance Night at our Branch, with Pat Casselman as the D.J. the Admission is Free, bring your best Dancing Shoes and a friend for a good time. In the good old summer time.

Open Cribbage Tournament every second and fourth Sunday. Register time is 12:30 p.m. and Start time is 1:00 p.m. sharp. The cost is $5:00 per person and **no** Lunch will be included. call Rick 448- 1773 or the Legion 448-2221, if more information is needed.

"Remember, Frank, it's a dogleg."

Things People Said

"We will bury you."
Nikita Krushchev, Soviet Premier, predicting Soviet communism will win over U.S. capitalism, 1958.

PRENTICE
POWER SPORTS LTD.
286-2750
Hwy 35 S. - Minden
BOMBARDIER ATV
SEA-DOO
ski-doo

FLOYD HALL
LIMITED
INSURANCE BROKERS
Home · Cottage · Business · Auto
Minden 286-1270
Toll Free 1-800-254-7814
Haliburton 457-1732

DOLLO'S IGA
Hometown Proud!
Serving the Community for 50 Years!!
Specializing in Customer Service
In-Store Bakery & Deli
Located on HWY. 35
286-1121

Minden
2 IGA Road
Minden, Ontario
k0M 2K0
(705) 286-6580
sales@system-software.net
SYSTEMS SOFTWARE & SUPPORT
High Speed Internet
Candle Light
Computer
Sales & Services

JARDINE LLOYD TOMPSON CANADA
Inc
International Risk Management and Insurance Broking
Direct 416 644 4825
Cellular 905 715 9624
Toll Free 1 800 268 9189
E-mail pdorman@jltcanada.com
Paul Dorman, C.R.M., R.F
Senior Vice President, Public Sector Division
www.jltcanada.com

Penny Obee
Travel Professionals International
Regional Office
5945 Airport Rd Ste 175
Mississauga, ON L4V1R9
705-489-3333
pennystravel@sympatico.ca
TICO 01576226

YORK
It's time to get comfortable
457-2375
1-866-457-2375
Walker's
HEATING & COOLING SYSTEMS

PHARMASAVE
MINDEN DRUG STORE
110 Main Street - Box 300, MINDEN, ONTARIO K0M 2K0
Peter Meraw, S.Sc., Phm
Richard Smith, B.Sc., Phm
(705) 286-1220
Open Monday to Saturday 9am - 6pm

Highland St. Haliburton 457-9352
SUBWAY
Highway 35. Minden 286-6618

Golden Stationers
Brush & Office Supplies • Leather & Luggage
Main St. Minden - Next to Pharmasave
(705) 286-2110 Fax: (705) 286-1827

The Rotary Club of Minden presents...

Minden Summer Carnival

Tuesday & Wednesday July 29 & 30th

HOCKEY GAMES
FREE SKATING
GREAT RIDES
Face Painting
Food Booths
Children's Games
FREE BALOON RIDES

$5 OFF Tickets
for HOMENIUK RIDES
With this coupon.
Present when purchasing tickets.

Thank-you to our generous sponsors!!

Tuesday, July 29 - Evening (5-9 pm)

Homeniuk Rides – special $5 coupons off tickets or $20 bracelets

Rotary Food Booth

OPP Auxilliary Booth with OPP boat (finger printing kit)

Children's Games / Literacy Booth

Face- painting

Skateboarding and BMX Demonstration

6:30 to 7:30

Wednesday, July 30, 2 pm to 9 pm

Homeniuk Rides – special $5 coupons off tickets or $20 bracelets (put coupon in ad)

Rotary Food Booth

Opp Auxilliary Booth with OPP boat – finger printing kit

Free Balloon Rides on the ReMax Balloon-Wednesday Only (weather permitting)

Children's Games / Literary Booth

Face- painting

Hockey Exhibition Games with tykes to adults 6:30 to 7:30 with a possible surprise guest

Free Public Skating after the game.

Come & Skate with players from the River King Junior A Hockey Team

Balloon Rides

THE STOREROOM natural foods
Established 1977
• Vitamin and Herbal Products
• Health books
• Natural Bath Care and Cosmetics
• Organic Food and Dairy Products
136 Bobcaygeon Rd., Minden, JUST ACROSS THE BRIDGE 286-1421

Hudson Henderson Insurance Brokers Ltd. 286-4727
Insurance • Investments • Advice
Commercial - Property - Auto - Life
R.R.S.P.'s - Employee Benefits
12269 Hwy 35 • Minden, Ontario

EMMERSON LUMBER LTD.
457-1550
toll free: 1-888-339-3325 • fax. 457-1520
email: information@emmersonlumber.com
internet: www.emmersonlumber.com
castle building centres

The Benefits Coach
P.O. Box 505
Haliburton, ON
K0M 1S0
705-457-1052
fax: 705-457-3324
www.thebenefitscoach.com
email: solutions@thebenefitscoach.com
SHAWN HAGERMAN CLU, ChFC, CFP, ChBA
The Benefits Coach is a division of Planned Benefits Inc

Mark Coles
Exceptional Website Design, Registration & Placement
www.first-page-seo.com
mcoles@halhinet.on.ca
Bus: (705) 286-3656
Fax: (705) 286-4307

Stedmans V&S Department Store
People you know. Products you trust.
A Full Line Department Store
Photocopy & Fax Service • Photo Finishing
Laminating - Dry Cleaning Drop Off
103 Main St. Minden 705-286-1075 fax: 705-286-4567

Churko Home Furniture
Home furniture
Cty. Rd. 21 Haliburton
457-9571

thermalhell
four seasons of comfort
Computerized Fuel Oil Deliveries
Budget & Maintenance Plans 24 hr Emergency Service
Heating Equipment Sales & Installation
Commercial Fuels and Lubricants
286-1088

John E. Francis Fuels
Heating & Cooling
Oil Furnaces and Air Conditioners
Installation & Repairs
Burner Technicians on Staff
Free Estimates
Hwy 35 South of Minden 286-2738
24 Hour Emergency Service

Gordon A. Monk Funeral Home Ltd.
127 Main Street
P.O. Box 427
Minden, Ontario
K0M 2K0
Kirsten L. Monk Manager
286-2181
Fax: 286-6661
Toll Free: 1-888-588-5777
Barry A. Cray Funeral Director

Servicing All Of Your Real Estate & Legal Needs In Haliburton County
DAVID A.P. SHAPIERA LAWYER
Mortgages
Sales • Leases
Purchases
Tel: (705) 286-2021

MAGIC EYE®

HOLD THE IMAGE CLOSE TO YOUR NOSE, SLOWLY MOVE IT AWAY AND SUDDENLY A HIDDEN 3D ILLUSION WILL MAGICALLY APPEAR!

© MAGIC EYE INC. DISTRIBUTED BY UNIVERSAL PRESS SYNDICATE

CLUE: LOW TIDE

HIDDEN: SLOOP OWL

BY CHERI SMITH WWW.MAGICEYE.COM/3D/HIDDEN.HTML

From the Worlds Largest Direct Seller of Telecommunications Services.

FREE VIDEO PHONES

"VoiP (Videophone) will irreversibly alter the world of communications. It represents the most significant paradigm shift in the entire history of modern communications, since the invention of the telephone"

Mr. Michael Powell -Chairman of the U.S. Federal Communications Commission

Seeing is Believing..

GO DIGITAL

Perfect for Kids going to College
Grandparents to See Grandkids Grow Up!
Video Conferencing
Share Special Moments
Keep an eye on things when away
FREE LONG DISTANCE IN NORTH AMERICA
FREE 411 SERVICE
PHONES ARE PORTABLE - TAKE ANYWHERE!

Downtown Haliburton
FREE DEMO'S
CALL FOR DETAILS
705-536-0610
455-9928
Distributors Wanted

*must have high speed internet access for digital service.

NEED A TOOL TO GET A JOB DONE?

Visit our

RENTAL CENTRE

WE RENT...

Air Compressors
Automotive Equipment
Carpet & Floor Equipment
Cleaning Equipment
Compaction Equipment
Concrete & Masonry Equipment
Cutters, Shears & Benders
Drilling & Breaking Equipment
Electric Tools
Fastening Equipment
Generators, Welding & Lighting
Heating & Ventilation
Hoists, Jacks & Lifts
Ladders & Scaffolding
Lawn & Garden, Landscaping
Leaf Blowers
Levels, Survey & Detection Equipment
Moving, Material Handling
Painting & Decorating Equipment
Party & Special Events
Plumbing & Drain Tools
Pumps & Hoses
Saws

HONDA Power Equipment
ECHO Outdoor Power Equipment
BOMAG
MTD
HILTI
Milwaukee

Home hardware building centre

MINDEN HOME HARDWARE BUILDING CENTRE
16 Bobcaygeon Rd., Minden
286-1351

The Summer Adventure Day Camp

by Tyson Farrell

Summer camp is a place where children and youth can have the time of their lives. They learn about nature, engage in sports, and have a fabulous time in a safe and stimulating environment. However, many local camps are expensive and unaffordable. Realizing that many parents cannot afford to send their kids to camp, Haliburton's Point in Time runs a subsidized day camp programme.

The Summer Adventure Day Camp has been providing local children between the ages of six and 11 with fun and rewarding summers for seven years. The camp is mobile which allows it to travel to a different Highland town each week. This summer the camp will be in Minden, Haliburton, West Guilford, Gooderham, and Wilberforce. "Transportation can be restrictive for a lot of parents," said Point in Time summer coordinator Dawn Mole. "By moving to different towns, we make the camp more accessible and convenient for families."

Local municipalities have allowed Point in Time to use their facilities. "We spent a lot of time outside, but if it rains, we have access to the community centres," Mole said.

The camp only costs $30 per week, which makes it far more affordable than most camps. "We realize that there is a large amount of child poverty with the Highlands, but we don't believe that children should be denied the camp experience. It is less expensive, but it is of the same high quality as other local camps," said Point in Time Executive Director Marg Cox. "It's not just for low income families. It's for all Highland citizens. We want all families to have the option of sending their child to camp."

Activities at the camp include soccer, crafts, capture the flag, swimming, water activities, and more. "We offer a wide range of activities for children to enjoy. We try to let children do the actives that they enjoy the most. If the kids want to play capture the flag instead of making crafts, we let them do that. If the group is interested in something completely different, like drama, we do that too" Cox said. On top of all of the actives, a puppet show comes to the camp once a week to entertain the youngsters.

To ensure that all water actives are safe, the camp employs a registered life guard.

There are also four highly trained local teenagers that work as councilors at the camp. The team consists of Leslie Abel, Melanie Shaperia, Jeff Brennan, Trevor Guyton, and Josey Belli. Only 25 children are accepted each week, which maintains a low student to councilor ratio.

The camp runs Mondays to Fridays, beginning each morning a 9am and finishing at 4pm. This many be problematic for some families, since most parents work until 5pm. "We don't have the resources to extend the camp to 5pm," Cox said. "But since the camp is so inexpensive, it many free up some money that families can use to buy temporary child supervision," Cox said.

Local beaches closed by the Health Unit area are a cause of concern for the day camp. Many of the locations that they work out of are near public beaches, and when they get closed down, the kids have nowhere to swim. "We understand that the Rotary beach in Haliburton has already been closed," Cox said. "Kids love to swim at camp, so it is a bit of a problem. Our councilors are creative though, so the always find a way to get the kids nice and wet. This might be a sprinkler, or setting up a slip and slide for the kids to play on. We always make sure that the campers have fun."

There are still some spots available at the Summer Adventure Day Camp. If you would like to register your child, or learn more about this stellar camping experience, you can call Dawn Mole or Leslie Abel at 457-5345.

2nd Annual

TOUR DE FOREST

ARTISANS TOUR

August 2nd & 3rd 10am - 5pm

Become an ART ADVENTURER when 20 Professional Artists at 6 of Haliburton's Finest Studios welcome you to view their work.
See the artists at work and meet the many guest artisans.

Find that special piece of art you've always wanted!

Maps Available at Rails End Gallery in Haliburton and the Crowne Gallery in Minden
or call 286-3628 for more info.

After eating, do amphibians have to wait one hour before getting out of the water?

Who Dun-it?? *You Be The Detective...*

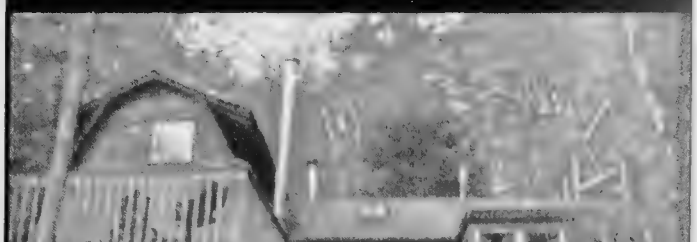
Welcome back, mini-mystery enthusiasts!
Hey, who doesn't love an aquarium? Especially ones that have shows with seals and sea lions! I've often enjoyed those shows myself. As Stanwick and Walker learn this month, though – a sea lion is a powerful animal, and when he somehow goes bad, he can be very bad indeed…as you will see….
Stan

OPERATION SEA LION

The amphitheater of the City Aquarium in Royston was eerily quiet that Thursday morning. The rows of seats rising sharply from two sides of the green pool were empty of the usual spectators. At the edge of the pool, staring at dark and spattered bloodstains, stood Inspector Walker and Thomas P. Stanwick.
"They have six sea lion shows a day here," said Walker. "Their trained sea lions bounce balls on their noses, walk, slide, swim, and practically dance the hula on command.
"It happened yesterday afternoon about two-thirty," he continued. "Between shows, fortunately. One of the trainers, Allegra Caputo, opened the underwater gate from the sea lion pen and whistled for Trevor, the sea lion she works with, for their usual rehearsal. Trevor swam up onto the platform, attacked Caputo, and tore her to pieces. Her screams brought others running, but they couldn't do anything. One of our officers finally had to shoot Trevor."
"I couldn't believe it when I heard about it on the news last night," remarked Stanwick. "I've seen this act myself, several times. These animals are very well trained and normally quite docile."
"Well, Trevor was autopsied last night," replied Walker, "which is why we're here. He had been injected with a big dose of maltempitol, just above his right shoulder. The vet tells us that an animal his size who was given that dose would quickly become enraged, and would stay that way for at least half an hour. Anyone encountering an animal with an overdose of maltempitol would have a bad time of it."
"Do they keep the stuff here?"
"They do. And the aquarium director reports that some is missing. Now that we've seen the scene of the slaughter, let's have a talk with her."
Elaine Mundy, Ph.D. (marine biology), was a tall woman in her mid-fifties with rimless glasses and wavy, slightly graying brunette hair.
" I can't tell you how shocked we all are at Allegra's death, inspector," she said softly as they all sat down in her office. "I was on a harbor cruise with some aquarium contributors yesterday from noon until three, and didn't learn about it until I returned. I gave your sergeant a list of the contributor names."
"Just how large was Trevor, doctor?" asked Walker.
"He was an adult male northern sea lion, fifteen years old. Six feet long, and about seven hundred pounds. He'd been with us since he was a pup, and was comfortable around people. Of course, he had to be approached from behind for injections, but he certainly never attacked anyone before. Enough of the maltempitol would do that, though."
"Why do you keep it here?" asked Stanwick.
"In small doses, it helps in the birth of some marine mammals. We store it in the research labs. I concur with the autopsy report, though: the dose Trevor got would make him unbalanced in five minutes."
"Who would have access to those labs and to Trevor's pen – besides yourself, of course?" Walker smiled.
"Only two people. David Burns has an MA in marine biology and works as a research scientist here. He works in the labs and occasionally needs access to the pens, so he has keys to both. Dr. Frank Leavitt is our director of research and is David's boss. He also has access to both places."
"Would either of them, or anyone else, have any reason to kill Ms. Caputo?" asked Walker.
Mundy shifted uncomfortably.
"Probably not," she said cautiously. "Allegra was 26, single, and a friendly girl. David dated her for a while. Frank is married, but I heard rumors that he had something going on with Allegra. I never asked him about it."
"Thank you, Dr. Mundy," said Walker, standing up. "If you'll excuse us, my colleague and I will pay a visit to the research labs."
He and Stanwick found David Burns in a hideaway laboratory, hunched before a computer terminal. He was tall and lanky, in his mid-twenties, with blue eyes and blond hair that contrasted strangely with his dark eyebrows.
"Sure, Allegra and I dated for a while last year," he admitted in response to a question. "Cute girl. But it petered out. I was working here yesterday, alone, when it happened. The amphitheater's in the other wing, so I didn't hear the commotion right away."
"What are you working on?" asked Stanwick, leaning over to peer at the computer screen.
"The feeding habits of several species of tropical fish. This is a spreadsheet I'm developing on it."
"It looks very thorough." Stanwick smiled and stepped back. "Matt, perhaps it's time to see Dr. Leavitt."
Frank Leavitt looked up from his desk and stared at his visitors through thick glasses. A barrel- chested man in his forties, he was bald except for a fringe of brown hair.
"This is a bad time for an interruption, gentlemen," he said brusquely. He grabbed the computer mouse to the left of his keyboard and clicked to a new screen. "I'm engaged in some real-time online negotiations for an octopus. We've never had one before. Under the circumstances, though…please sit down."
"Thank you," said Walker. "Let me come right to the point, Dr. Leavitt. You are one of a very small number of people who had access to both the maltempitol and the sea lion pens. Where were you yesterday when Ms. Caputo was killed?"
"I left here about one to have a late lunch at the food plaza down the block. By myself, I'm afraid. Then I took a stroll. It was after two-thirty when I got back here, and found all the commotion. Terrible thing."
"Forgive the question, Dr. Leavitt, but – were you by any chance dating the victim?"
"Absolutely not!" Leavitt flushed angrily. "I'm a happily married man. And now, gentlemen, I must ask you to leave. Further questions may be referred to

Who Dun It cont'd... pg. 34...

FOR SALE - BY OWNER



3 bedroom cottage on prestigious Farquhar Lake. Easterly exposure. 102' frontage. Solar power. No hydro Bills
Phone (705) 754-2218.
Asking $279.500

Scientifically Speaking
What When Where Why How

What Does "It Smells Like Rain" Mean?

Almost everything smells stronger before it rains. Why? It has to do with the force of air pressing down on you. During fine weather the air pressure is high, but it drops before a storm. This lower pressure allows odors to escape into the air more freely than usual. So it's no the rain you are smelling- you're smelling more of everything.

If you spell all the numbers and try to find letter "A" you will have to count to a thousAnd

Art Talks: 'Working from the Light Side of the Brain'

Now until August 13 everyone is invited to come join in every Wednesday for a free series of Art Talks at Fleming College - Haliburton School of The Arts. Join everyone at the campus at 297 College Drive (off of Industrial Park Road) from 4:45 - 6:00 pm and indulge your creative curiosity.

Coming up...

On Wednesday, July 23 from 4:45 p.m. – 6:00 p.m. part two in a series of free 'Art Talks' at the Haliburton School of The Arts is set to take place.

Rod Prouse, artist and multi-media inventor will explore Discover how she attends to the preservation of her artistic self as she is interviewed and shares her story.

July 30 - The Artist/Teacher as a Full-Time Student: Steve Hudak
August 6 - What Brand of Artist Are You? Paul Portelli
August 13 - Photographic Reality: Guy McCrum

For more information contact the Haliburton School of the Arts at 705-457-1680.

Who Dun It Cont'd....

... from pg. 33

my attorney."

Leavitt refused to answer any more questions. A few minutes later, Walker and Stanwick were walking back to the aquarium exit.

"I must say," remarked Walker, "this is the first case I know of where the murder weapon was a sea lion."

"Agreed." Stanwick paused at the giant fish tank in the center of the main building. "Perhaps it would be most fitting to get the shark hungry and then put the killer in there with him."

"Do you have anyone in particular in mind?"

"Yes, I do."

WHO MURDERED ALLEGRA CAPUTO?

See solution on page....53...

Ghost Stories
Scary Tales

UB-65 - A German Submarine

In January 1918 the German U-Boat UB65 sailed into the English Channel looking for potential targets. The 'boats starboard lookout, standing on the conning tower, saw an officer standing on the deck just below him, even though all the hatches were shut apart from the one on the tower. He was about to shout a warning to the officer when the figure turned to face the lookout, revealing himself to be the ship's former second officer, killed in an explosion on UB65's maiden journey. His shouts brought the captain to the tower, and he also witnessed the apparition before it disappeared. UB65 was built in 1916, but only a week after work started on her, things started going wrong. A steel girder was being swung into place when it suddenly broke its chains and went crashing to the floor, killing one worker outright and badly injuring another, who died in agony two hours later. Things seemed to go well after that, but just before the ship was finished, three men were overcome by fumes in the engine room and died before rescuers could reach them. On her maiden voyage, UB65 ran into a storm, during which one man was washed overboard.

Later, whilst undergoing diving tests, one of the ballast tanks sprang a leak, leaving the crew without any means of replenishing the air. Repairs took 12 hours, by which time the men were half dead with suffocation. On their return to port, the sub was taking on a supply of torpedoes when one of them exploded, killing the second officer and badly damaging the ship, which had to return to the dockyards for repair. A few weeks later, just before the sub was due to sail, a crew member ran into the wardroom shouting that the dead officer had just come aboard. Thinking the man was drunk, the captain and another officer ran onto the deck, where they saw another crew member cowering near the conning tower. In a quiet voice, he told the captain that the dead officer had walked up the gangplank and went to the bows. He had then stood there for a few seconds before vanishing into thin air.. The ship soon got a reputation for being haunted, and nobody wanted to serve on her. Eventually the German authorities decided to put a stop to the stories and sent a commodore to investigate the matter. Sceptical at first, he questioned the entire ship's company, during which he became convinced that the stories were real and not just fancies. The sub was withdrawn from service, and whilst in dock in Belgium, a Lutherian pastor exorcised the ghost. UB65 then went back to sea with a new captain and crew. The captain refused to tolerate any talk of ghosts, threatening the crew with severe penalties if the ghost was even mentioned. The ship completed two tours of duty without trouble, but after the captain was replaced, the hauntings started again. During May 1918 the sub was cruising up and down the channel, and later the coast of Spain. A petty officer claimed to have seen an unfamiliar face enter the torpedo room, but when he went to investigate there was no-one else there. On one occasion, the torpedo gunner went insane, shouting that the ghost would not leave him alone. He jumped overboard and was never seen again. On July 10th, an American submarine spotted the UB65 on the surface and prepared to attack. Just prior to the torpedoes being launched however, UB65 blew up in a devastating explosion. When the smoke had cleared, all that could be seen was debris. She sank with all hands 34 souls.

GET THIS MAGAZINE ALL YEAR LONG!

Now taking

SUBSCRIPTIONS for the Highlands Communicator!

Cottagers:
Now you can have The Communicator Year Round

Live out of our Area?
We will mail The Communicator to you every 2 weeks!

For Details call 705-457-9999 today

NOTE: Residents of the Highlands who receive the Communicator in the mail do not need to subscribe. You will continue to receive the Communicator FREE of Charge. Subscriptions are available for those who do not have a mailbox in the Highlands.

Crime Flashback

by Max Haines

Lodger can't dodge noose

Highly unlikely story offered as excuse for young girl's disappearance and subsequent murder

Little 10-year-old Mona Tinsley left the Wesleyan school in Newark, England, at 4 o'clock as usual.

Then she disappeared.

Although it was a rather nasty January day in 1937, Mona's parents were not unduly alarmed when their daughter didn't arrive home at her usual time of 4:20 p.m. The Tinsleys had several children. One of them was always late.

At 7 p.m., Mona's parents grew apprehensive. They called on relatives and neighbours. At 9:30 p.m., Mr. Tinsley reported his daughter missing to police. That night, abandoned buildings were searched. Vehicles were stopped and their drivers interrogated. Next morning, school principals asked their pupils to come forward if they had seen Mona after 4 p.m. the previous day.

Several children erroneously believed they had seen the missing girl, but one story was taken seriously. William Plackett, 11, lived close to Mona and knew her well. He claimed he had seen her at a quarter to five near the bus station in the company of a man. The boy gave a vague description of the man, but said he would recognize him if he saw him again.

The investigation intensified. Scores of officers scoured the town, inquiring if anyone had seen the missing child. At the time of the disappearance, Newark's population was 10,000.

One woman, Mrs. Hird, came forward with the ominous information she had seen a man loitering about the school at 4 o'clock when the children were dismissed. She recognized him as a man who had at one time lodged with the Tinsley family.

Detectives questioned the Tinsleys, who recalled Fred Hudson, their well-liked lodger. He had been like a member of the family and had stayed several weeks with them about 15 months earlier. When he couldn't pay his rent, he had left, but the parting of the ways was amicable. Mrs. Tinsley told police her sister, Mrs. Grimes, knew Hudson well. She believed her sister still saw him on occasion.

Meanwhile, bus driver Charles Reville informed police that on the day in question, a little after 4 p.m., he had picked up a little girl near the Wesleyan school. She had been accompanied by a man. They had boarded his bus and had taken the trip to Retford. The man had purchased a return ticket and a one-w ay ticket for the child.

The man named Hudson appeared to be untraceable until police questioned Mrs. Grimes, who told them she often visited Hudson in the village of Hayton. She also informed them he sometimes used the last name of Nodder.

This casual statement was the break the police required. Frederick Nodder proved to be a married man with two children. He had fathered a child by another woman. When his wife heard of Fred's dalliances, she left him. Meanwhile, the mother of the child born out of wedlock obtained a court order forcing Fred to pay for the support of their child. In order to avoid making payments, Fred moved from Sheffield to Hayton.

Fred was living in a house named Peacehaven in Hayton. Before calling on Fred, police made some inquiries of neighbours. They learned from a Miss Whittaker that on Jan. 6, the day after Mona went missing, she had observed a little girl standing at the back door of Peacehaven.

Haines cont'd... pg. 37...

BIN N GONE
CONSTRUCTION DEBRIS BINS

■ New Construction Waste
■ Renovation Waste
■ Roll-Off Flat Deck Equipment Haulage
Bill Vickery
Haliburton, ON
(705) 457-9478

Abbey Building Contractors & Property Maintenance Services
EST. 17 YEARS
For All Your Cottage Maintenance Services Including Internal/External
Painting • Decorating • Staining • Lawncare & Yardwork
Free Estimates - Fully Insured
Cell: 854-0761 • Phone: 455-9106

Lots of Books for Kids!

Get Comfy!
at home or at the cottage
BOOKS AND GIFTS FOR ALL THE FAMILY
Master's Book Store
Your local Precious Moments Dealer
In The Village Barn
195 Highland St. Haliburton
457-2223

HIGHLAND CLEANING SERVICE
Specializing in Carpet & Upholstery
Stripping & Waxing Tile Floors
New Construction Clean-Up

Larry 754-2922

Max Haines Cont'd.... from pg. 36

LITTLE MONA FOUND IN RIVER

That same day, she had seen Fred digging a hole in his garden.

Detectives called on Fred. They let him know they were inquiring about the missing Mona Tinsley. Fred, cool as a cucumber, replied, "I know nothing about it." He went on to give an account of his movements on Jan. 5, but portions of his statement proved impossible to verify.

Fred, now strongly suspected of murder, was taken into custody. His garden was dug up, but no body was found. A search of his home turned up one concrete clue. Police found a piece of paper with a child's scribbling on it. The writing was identified as that of Mona Tinsley. Fred said he must have carried away the piece of paper when he left the Tinsley home.

Everyone who claimed to have seen Mona with a man the day she disappeared was asked to view a lineup. Half identified Fred as the man they had seen with Mona and half picked another man.

Under intense pressure to confess, Fred abruptly changed his story. He now said that he had lied when he had first been questioned. He admitted meeting Mona after school. She had been extremely happy to see him, calling him Uncle Fred, as she had done when he was a lodger. Mona had expressed a wish to visit with her cousin Peter, Mrs. Grimes' baby son. Fred said he had foolishly agreed to take the little girl to visit her cousin. He explained he had expected Mrs. Grimes to visit him the next day and, at that time, Mona could accompany her to her home.

When he arrived home, he received a phone call from Mrs. Grimes telling him that she wouldn't be visiting. Strangely, there was no mention of Mona during this conversation.

Fred swore he and Mona had slept in separate beds. Nothing of a criminal nature had taken place, although he realized the precariousness of his position. Fred claimed he had accompanied Mona on a bus part way to Mrs. Grimes' home on the following evening. He had then put the little girl on a bus to Sheffield, with a letter to Mrs. Grimes explaining his actions. Fred swore that was the last time he had seen Mona. She was alive and well and quite excited about seeing little Peter for the first time.

On Jan. 10, Fred Nodder was taken into custody and charged with taking Mona Tinsley away from her home by force or fraud. In March, 1937, an English jury deliberated only 16 minutes before finding Fred guilty. He was sentenced to seven years imprisonment.

Three months later, with Fred securely behind bars and the town's traumatic experience slowly fading, the case again hit the headlines.

Walter Marshall, his wife, sons and friends set off for a sail down the River Idle. It was Mr. Marshall who noticed the strange looking object stuck in the mud near the shore. The unusual object proved to be the body of Mona Tinsley. A post mortem revealed the child had been strangled with a ligature such as a string or tape. Fred Nodder was taken from prison and charged with the murder of Mona Tinsley.

On Monday, Nov. 22, 1937, Fred pleaded not guilty. The prosecution presented many of same witnesses who had appeared at the previous trial. Mona's parents, the bus drivers, and Fred's neighbours all repeated their previous evidence. There was a difference this time around. This time there was a body.

The defence offered only one witness, Fred Nodder. Fred told the same story he had related so often. He claimed his problems had all started when he met Mona, who had greeted him with a cheerful, "Hullo, Uncle Fred." He stuck to his story throughout his trial.

When asked why, on a rather nasty night in January, he hadn't dispatched Mona to her parents promptly, Fred could only lamely respond that it had not occurred to him.

Defence attorneys theorized Mona may have been lured off her bus by a stranger after Fred had left her. They also put forward an accidental death theory. They suggested Mona might have caught her dress on the branch of a tree. Hanging at the edge of the river, her dress could have caused her to strangle before her body plunged into the river. It was a far-fetched, implausible theory, that was ridiculed by the presiding judge in his summing up.

Fred Nodder was found guilty of the murder of Mona Tinsley.

On Dec. 30, 1937, he was hanged at Lincoln Prison.

Pictured: 1. Fred Nodder/Hudson was hanged at Lincoln Prison for the murder of Mona Tinsley.; 2. photo of MONA TINSLEY Little victim

Quality...

PATIO & GARDEN FURNITURE!

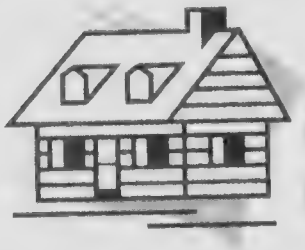
rattan, wicker, yellow balau, aluminum & teak

Fine Billiard Tables & Accessories
Games Tables, Shuffleboard, Foozball, Poker Tables, & Pin Ball Machines

get it at...

Highland Leisure
Fine Billiards & Games Tables

Located on Hwy. 35, Just North of Hwy. 118, Carnarvon 489-3131



COTTAGE NEWS

Lake Kashagawigamog Events:

The Annual Lake Kashagawigamog Summer Regatta
Saturday July 26th 2008
1:00p.m. - 4:00 p.m. at a NEW LOCATION!
2631 Kashagawigamog Lake Road
Home of Rick Ruttig

Enjoy a fun-filled afternoon with fellow cottagers and friends. Bring the whole family – there will be activities for children and adults of all ages! Show off your paddling skills in the canoe races and canoe tug, or compete for fun in the swimming races including a long distance swim. For land lovers there will be volleyball games, potato sack races, a tug of war, face painting, a nature hunt and a clothing relay!

Please remember that all water activities require a lifejacket to be worn! Also B.Y.O.C.(bring your own chair.)Looking forward to seeing you at this alcohol -free Regatta on Saturday, July 26th!
Don't forget to join us, after the regatta, at the Bonnieview Inn for some snacks and celebratory drinks!

For further information or if you are able to help volunteer at this great event please contact: Kirsten Sixt (416) 481-8294 or ksixt@hullandhull.com

Kushog Lake Property Owners Association Events:

Golf Tournament:
6th annual Fun Golf Scramble, 10 am (rain or shine) on Friday, July 25th at the Lakeside Golf Club, 11.5 km east of Carnarvon on Hwy 118. $35 per person which includes 9 holes of golf, luncheon and prizes. For information and tickets, contact Jere Pike at (705) 489-4838.

Kushog Lake Picnic:
Saturday, August 2nd (rain or shine) from 11 to 3 at the Pine Spring Valley Resort (Hwy 35 at Pine Springs). Land & water activities for kids and adults. Decorated boat contest: sail past at 11 am. Display your crafts & hobbies for sale. Bring some money for refreshments, Kushog Lake shirts & caps, and crafts. Also bring lawn chairs, bathing suits, your neighbours and your friends.

Soyers Lake Cottage Association Events:

8th Annual Soyers Lake Bass Derby

Pull out those fishing rods for the eighth annual Bass Fishing Derby for members of Soyers Lake and their families. The Derby began on the start of bass fishing season on 7 and will end at the Corn Roast on August 16 at 5:00 p.m. Fish must be caught in Soyers Lake.

This activity promotes "Catch and Release" and in order to accomplish this, you will bring a picture of your longest bass with a clearly visible tape measure lying along its length to the roast. The fish will be judged on their length alone.

Attention Sailors

Want to take part in a non-competitive, fun boat race?

The 2008 Fun Sail will be held on Saturday, August 2, 2008 at 2:00 p.m. A no wind date for this event has been set up for Sunday, August 3 at 2:00 p.m.

The assembly point for this race will begin at the end of the lake. The goal is to get out a record number of crafts, so come on down!

Kennisis Lake Cottage Owner's Association Events:

Swimming Lessons July 7th - August15th
Rock Bass Tournament Saturday July 5th
Regatta Saturday, August 2nd (rain date is Sunday, August 3rd)
Island Clean-up Saturday, July 26th
KLCOA Annual General Meeting Saturday August 30th @ 9:30am (coffee at 9am) - Haliburton Forest
Gail's Fun Run 2008! Sunday August 31, 2008 at 9:30am behind "Kennisis Lake Store"
Kennisis Summer Church - Services Sunday's at the Wildlife Lecture Building @10:00 am (July 6th to August 24th)

South Lake Association of Cottagers and Residents

Annual General Meeting - is at the Gelert Community Centre on July 12th at 10:00 am - Refreshments served

Miskwabi Area Cottager's Association
(Miskwabi, Long, Negaunee & Wenona Lakes)

AUGUST 16th; CORN ROAST at the Jerry Strickland Boat Launch on Miskwabi. We'll supply the corn and drinks; bring a chair!

SEPTEMBER 13th; Annual Wine & Cheese for all adult members. We'll supply the goodies, you bring a chair and "conversation". Location announced at Annual General Meeting or by getting in touch with one of the Directors.

South Lake Association

Saturday August 2 - 9 a.m. - Annual Yard Sale at the Lochlin Community Centre. Lots of tables. Hotgods, coffee and soft drinks will be available.

Cottage Associations... Get your event listed here for FREE. Email news@thehighlandscommunicator.com

The Communicator is made possible through the support of our advertisers. Let them know it's working...**Remember to tell them you saw their ad in The Communicator !!**

Comfort Foods

Grecian Pasta Salad

A delicious summer salad that's sure to draw attention not only for how colorful it looks, but for its great taste.

3 cups cooked garden variety rotini pasta, rinsed and drained
1 cup chopped fresh tomato
1/3 cup sliced ripe olives
1 cup (full) crumbled feta cheese
1/2 cup Kraft Fat Free Italian Dressing

In a large bowl, combine rotini pasta, tomato, olives and feta cheese. Add Italian dressing. Toss gently to combine. Cover and refrigerate until ready to serve. Makes 6 (full 3/4 cup) servings.

HINT: Usually 2 1/2 cups uncooked rotini pasta cooks to about 3 cups.

Each serving equals: 154 calories, 6g fat, 7g protein, 17g carbs, 636mg sodium, 147mg calcium, 6g fiber; Diabetic Exchanges: 1 Starch, 1 Meat; Carb Choices: 1.

Closest galaxy to our Milk Way galaxy is Andromeda and even traveling at the speed of light it would take 2 million years to reach it. There are 100 billion galaxies that we can observe. Prediction is that there is much more, but Hubble Space Telescope couldn't detect them

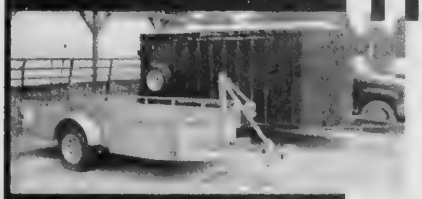
Church Events

VIBE
July 28, 29, 30, 31 & August 1
1:00 - 4:00 pm
Minden United Church 21 Newcastle Street
$5/afternoon or $20/week deal

Minden United Church and St. Paul's Anglican Church are pleased to offer a Daily Vacation Bible Experience this summer called VIBE. This faith-filled, five session curriculum helps children ages 5 to 12 understand that walking with Jesus is a daily choice and challenge. The half-day afternoon sessions use a hiking theme to connect Bible story dramas, games, snacks, crafts, and walking a labyrinth to the realities of children's lives. To register please call Rev. Max Ward @ 286-3592.

Why is it when you transport something by car it's called a shipment, but if you send it by ship it's called cargo?

NEED A TRAILER?



Brand New Stock & Utility Trailers. Tilt & Load/ ATV. Great Prices! Stop in or call for more details.

Get Yours Today. Call us...
286-2801
Bobcaygeon Rd. Minden

McMahon Feeds N' Needs

Get the MOST from your photographs!

PRINT ON DEMAND
Upload and order beautiful, vivid prints on long lasting photo paper from your home or office quickly and easy! Just point and click!

IMAGE STORAGE
Protect your precious memories and fun times. Simply upload them to our

FREE PHOTOS
Mention this ad for discount.
With orders over 50 images, get 10 additional FREE PHOTO'S

foto source
Get it right, from the source!

Photo Solutions
HERITAGE PLAZA, HWY #35 Minden ·286-6011
Visit www.photosolutions.fotosource.com for details.

Welcome To The Highlands

WR D Cottage Rental Agency

Since 1995

ontariocottagerental.com

Simply The Best Cottage Rental Agency In The North Country

E-mail: info@ontariocottagerental.com

705 - 457 - 9434

Cottage Owner Inquiries Welcome.
List Your Cottage For Summer 2008 !!!

Stothart Creek's Time Has Come

By Liz Danielsen

Greg Brown has a vision that is almost infectious to anyone interested in the housing market. Brown's 94 acre upscale Stothart Creek development plan has been on hold for a number of years, but he's convinced that the time is right and Haliburton is ready.

Brown has been a resident of Haliburton County since 1956. He has been actively involved in numerous community board associations and has a long list of certifications and registrations. During the early 80's the business involved itself primarily in renovations and the construction of small homes but by the late 80's the company was successful in acquiring contracts for the development of quite a bit of the downtown core in both Haliburton and Minden. Their work also included building lodging facilities for several resorts in the County.

By the early 90's the business settled into home and cottage construction as well as commercial renovation work. In its 26th year of operation, the company is still a family owned and operated business. This summer all three of Brown's sons are working for him, one full time and two others during their summer off from University.

Over the years, regardless of the projects at hand, he still had a development dream that finally started to materializing with the purchase of the 94 acres that is now Stothart Creek.

Stothart Creek is a project that Brown says he's been planning for 15 years or more and it's finally coming to fruition. The project received draft plan approval in 1992, but given other developments in the area, Brown says he decided to put the project on hold as he didn't want to see a development boom that wouldn't suit the area. He reluctantly shelved the plan until May of 2006.

According to Brown, the development is the first subdivision of its kind in Haliburton where the homes are built for sale, not just the lots. Brown is intent on building a certain caliber of homes to benefit the equity of everyone who decides to build there. He has established specific covenants for development within the subdivision that sets out limits for tree cutting and standards for ongoing property maintenance.

The subdivision includes 41 lots that are planned for developed in two stages. Overall the land is a wonderful mixture of trees, meadows and stream and the development will include seven acres of parkland for the enjoyment of all the residents. The lot size average is 1.2 acres with the smallest being one acre. They are carefully surveyed and any clearing done so far has been planned to ensure optimum privacy.

With respect to timing, Brown says he hopes to see the first phase of development completed within the next five years. Two lots have been sold, one is occupied and another has a model home under construction. Brown also said, "If someone was taken with one of the lots in Phase 2 we would entertain an agreement with the understanding that we would be involved in the house design and construction."

A picturesque creek flows through the property and meandering walk-

Stothart Creek cont'd... pg. 45...

PEACE OF MIND
A PHONE CALL AWAY

McKee Security

1496804 ONTARIO INC.
& Telephone Systems

www.mckeesecurity.ca
fax: 457-4269

457-2156

Security Systems • Camera Surveilance
Home Audio Distribution • Structured Wiring
Sattelite Dish Installation

Stothart Creek Development Moving Forward

... from pg. 40

ing paths are being developed along the creek to maximize the natural experience. Wild irises and lilacs are just a small part of the natural beauty along the creek bed.

Brown walked the County Voice/Communicator through the property and his enthusiasm for the project was contagious. He can stand on any given lot and share his view of a vista from a front veranda that is unparalleled. On a more practical note he said, "This land is rich in sand and gravel which is all good for driveways, septic systems and landscaping." Not to mention cost saving.

The house packages have been designed by architects that have been selected by Brown based on their appeal to him personally. He says, "You'll see an element of tradition and old school grandeur in the plans, with dormers, high pitched roofs, graceful verandas and overall old fashioned aesthetics being part of their signature."

When asked if he would consider other styles of construction Brown said, "The flat sandy soil and huge spruce trees would be idyllic for a post and beam or timber frame home."

Brown was quick to add, however, that he would reserve the right to be the contractor of any home to be developed in the subdivision. He is also in the process of adding other designs and home packages that will be offered a wider variety of choices in the future.

The home packages include state of the art technology. Geothermal systems use the relatively constant temperature of the ground to regulate the temperature of a home or building at very high efficiency without burning of fuels like oil, natural gas or propane. A Cat 5 cable network ensures that you won't be left behind when it comes to computer networks, integrated sound systems, telecom, intercom, security and a variety of other applications. James Hardie Siding is a cement and wood composite that resists rotting, insects, cracking, and flame and is backed by a limited 50 year transferable warranty. And these are only a few of the newest technologies being incorporated into the designs.

Brown says, "With the technology that we are adding we are lowering the operating cost of a home by 75%. A person needs to ask themselves if they can afford to buy an older home at a lower price. Even if you spent $100 thousand dollars more on a home that has zero maintenance for at least 15 years and a heating bill that is 25% of a normal

Stothart Creek cont'd... pg. 45...

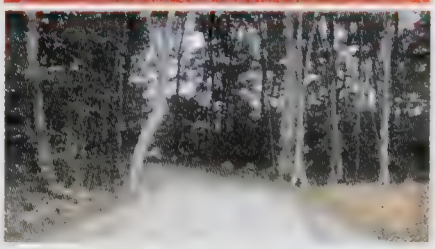
HAWK RIVER CONSTRUCTION

Call us for a quote today!

Complete Site Planning & Preparation

- Tree clearing and grubbing
- Rock drilling and blasting
- Excavating and backfilling
- Roads and driveways
- Excavation for underground hydro & water line
- Soils engineering
- Full barge service for water access properties

Road Building



- New private or township standard roads to access new home or cottage or upgrade existing
- Residential development
- Logging roads

Complete Septic System Design & Installation

Ecoflo

- Design, tanks & tile beds
- Certified Ecoflo installer

Full Quarry Services

- Full line of aggregates with over 30 products
- Sand, gravel & crushed rock
- All your landscaping needs for granite stairs & retaining walls.
- Delivery, spreading & grading.
- Stone slinger service available

The Leading Site Planning & Preparation Company in the Highlands

Larry Hewitt

705-457-1386 · Fax: 705-457-9098
www.hawkriverconstruction.com

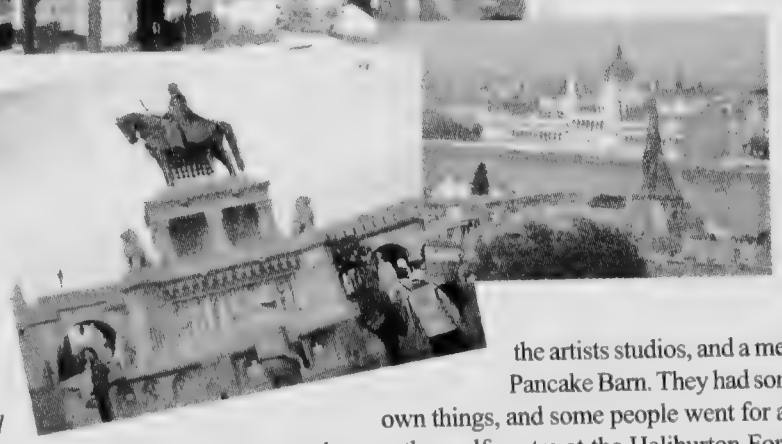
Friendship Force International

New Haliburton Chapter For Vacationers Club

By George Farrell

It was quite by accident that I happened upon Friendship Force International. A group of Friendship Force visitors from the Isle of Wight off the coast of England was being escorted by members of the local chapter around our fair county. They just happened to be partaking of the artistic and honeyed delights at Tom Greens Glass Eagle Studios at the same time I was there.

Bob Cole, who is the president of Friendship Force Haliburton Highland (FFHH) was one of those escorting the visitors, and he and I made an appointment for the following week. Bob retired in 2002 from his position as an engineer for Ontario Hydro. He has been cottaging on Redstone Lake for a number of years and is very familiar with the area. He moved up permanently from Hamilton Ontario in 2004 with his wife Judy. It didn't take too long for the couple to become active in the community. They are both members of the Haliburton Curling Club, and Judy also belongs to the quilting club as well as being a Haliburton Choir member, (formerly the Messiah Choir). Bob decided to start a local chapter of Friendship Force as well. There are 18 chapters of Friendship Force in Canada, and Bob was a former member of the club in Niagara.



Friendship Force International (FFI) is a non-profit exchange organization dedicated to the principle that each person can make a contribution to global goodwill. Home hospitality-the heart of each exchange- provides the opportunity for people of different countries and culture to connect at a personal level. The ever widening Friendship Force global network represents a powerful and growing group that can overcome differences between people and nations. Established in 1977, with the support and endorsement of President Jimmy Carter, FFI was recognized for its achievements in 1992 by being nominated for the Nobel Peace Prize.

Pretty heady stuff, from the brochure. Bob Cole succinctly says "it's a different way to see the world." Friends that he and Judy have met locally thought that Friendship Force was "something that they'd like to be a part of, so in March of '07 there was a meeting at our house, and 12 people showed up. We explained the concept and we all decided that we needed more members. You really need about 50 members for a viable club. Friends spoke to friends and at our next meeting which we held at Fleming college 62 people showed up of which 43 joined. Since then the word got out and now our membership is at 58."

There's a small annual fee of $6 involved to join the local club and $120 per person per trip is sent to head office in Atlanta to help sustain the organization. Above all the Friendhip Force is a social thing and clubs have various methods of fund raising themselves, in order to pay for things like meeting spaces. For new groups coming in to the organization an intitial charge of $75 U.S./ person is charged to help defray cost for items like venues, ticket fees, and buses etc. Food and accommodations for visitors is taken care of by members.

The first foray of the FFHH was to host a group of 20 people from Gatineau Quebec in September of '07. "It went very well, "Bob Cole says. Everyone was very enthusiastic and we had a great time entertaining them. It was only a 3 day visit, but we learned that the program that we set for them was of great interest. We had a day at Camp Wanakita, where everyone was in canoes, and a day touring the artist studios and the sculpture forest."

The Haliburton chapter of Friendship Force entertained the first International contingent, from the Isle of Wight, starting the last week of June this year. "There were 24 people in the group," Bob says, " and they had a great time. We took them on a bus tour of Algonquin Park, for a strawberry social and a trip in the big canoes at Camp Wanakita, a tour of the artists studios, and a meal at the Wintergreen Pancake Barn. They had some days off to do their own things, and some people went for a 'walk in the clouds' and to see the wolf centre at the Haliburton Forest, others wanted to come with me when I went to bottle wine at the Wine Store in Minden. Still others went to see the locks in Peterborough, or to see some quilts. Local members who were not hosting themselves got together to put on dinner parties."

Among other things the Friendship Force is just a great way to promote the county outside our borders, and visitors, in addition to their memories, photographs and home movies, took away brochures and things like the Haliburton Highlands promotional dvd " A Natural Work of Art" to remind them of their stay, and to show their friends back home.

In the first week in September the FFHH is hosting a group of 12 people from Romania. The language problem on such visits and on outbound trips is usually handled by an interpreter with a group who speaks the language. Many people, especially the Japanese, carry a small language translation computer with them when they visit a foreign country. Very often those people from Europe coming to places like Canada are 'professionals,' and as such have at least a rudimentary

Friendship Force cont'd... pg. 43...

Friendship Force International Cont'd....

... from pg. 42

understanding of English. If no such person exists, good will, hand signals, and laughter gets the job done.

"In May of this year we went to Leicester England, and Hungary on the same trip," Bob informs me. "In England we went to Stratford, Coventry cathedral, The Folkstone Locks, and some famous battle sites." The great thing about the Friendship Force vacations is that you get to do things and go to places most people on vacation don't get to do and see. In England they showed us how to make the famous Melton Mowbray pork pies," Bob recalls, "and we also went to a sheep and cattle auction."

Bob Cole, HHFF President

In Hungary the group got to tour the twin cities of Buda and Pest (Budapest) where they were taken to museums at which the Hungarian occupations by the Nazis and the Communists were depicted. Their hosts organized a dance performance by gypsies which include music and magic. They ate Hungarian goulash of course, and attended a wine festival " where we saw ancient cellars way down in the rocks."

" We expect to see it grow," Bob Cole says of the Haliburton chapter of Friendship Force, "but we're at a good size now at 59. Maybe 70 would be the limit for th enumber of weeks we host and travel, which is 2 weeks each. Next year we plan a trip for Australia and New Zealand in November, and we'll be hosting clubs from Germany and England. We think that Friendship Force offers an opportunity for anyone who likes to see the world in a different way with groups coming in it helps to identify our county-we have some of the most beautiful places to visit and we have 4 seasons. We're hoping to do an inbound in the winter and people can go dog sledding, ice fishing, snow shoeing skiing, and curling. Haliburton county offers them an opportunity to participate in these exciting events."

" As a group Friendship Force provides our chapter with an opportunity to get to know one another, to travel and help one another, and to meet other people in our county county, and from other countries. It's important for our members, some of whom are recent retirees to Haliburton, to discover that there's more for them to do up here than in the city. They can be part of a real community."

Hmmm..... food, wine, music, travel, exercise, friendship and a sense of community. Sounds like they might have something there. For more information about Friendship Force Haliburton Highlands, you can email Bob at bobcole@idirect.com, or Elli Armstrong at elliarmstrong@sympatico.ca

The web site is currently experiencing some difficulties and Friendship Force International hopes to have the former site (www.friendshipforce.org) up and running again soon. In the meantime for more information go to www.thefriendshipforce.org.

PIctured opposite page: Members of the Haliburton Highland and the Isle of Wight Friendship Force enjoy the delicacies at the Glass Eagle Studio; and Friendship Force at Budapest Square.

IF IT'S WATER RELATED

WE'RE YOUR PEOPLE

COTTAGE WATER START UPS/ CLOSE DOWNS
WINTER WATER -DRAIN BACK SYSTEMS
WATER TREATMENT SYSTEMS
BOTTLED WATER, SHOWERS & FAUCETS
SHOWER ENCLOSURES, PLUMBING SUPPLIES

Sterilight
MOEN
Buy it for looks. Buy it for life.®
Water Depot
beachcomber HOT TUBS

BEACHCOMBER HOT TUBS

Warm Water Never Felt So Good

The PUMP SHOP
"YOUR WATER PUMP SPECIALISTS"
457-2638 1-888-312-7867
Hwy 118 & Maple Ave. Haliburton

HUDSON HENDERSON
INSURANCE BROKERS LTD

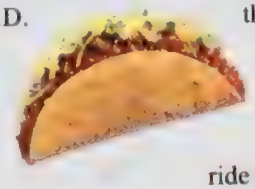
www.hudsonhenderson.com • info@hudsonhenderson.com

Now here's a tip!

by Jo Ann Derson

Recipe Substitutions: If you need 1 cup of tomato juice, use 1/2 cup of tomato sauce plus 1/2 cup of water.

"Cleaning the miniblinds is a real chore, but what makes it easier for me is putting a pair of socks over my hands, and then spraying them with cleaner." -- R.D. in Iowa



"Tacos are a favorite meal in our house, but very messy -- until we discovered a great use for coffee filters. We use a filter to hold the taco. We peel back the paper as we eat, and nothing drips out or falls out, even if the shell cracks!" -- E.B. in Oregon

"I use a baster (basting syringe) to water small potted plants. It's just enough water, and I can get it right where I need it." -- S.D. in Virginia

"When we go to the beach -- which is pretty often, it seems -- we always bring a drawstring mesh bag. After playing on the beach, we load all the toys into the bag, then drag it through the water a little. The sand washes off into the ocean, and the toys are pretty clean. We then stick it inside a plastic bag for the ride home." -- I.L. in Florida

Grease muffin pans with an old, clean paintbrush dipped in oil. You'll use less oil, and it's much less messy.

WATER WELL & GEOTHERMAL INC
Casey's

Quality Well Drilling
by Certified
Well Technicians
Pump Installation
Hydro Fracturing

Competitive pricing, quick turn around and reliable service.

Call
457-9558
today.

- Site Clearing
- Road Building
- Drilling, Blasting
- Excavation
- Utility Trenches
- Backfilling
- Driveway Maintenance
- Trucking Services
- Retaining Walls
- Landscaping
- Fully Insured

TOTAL SITE SERVICES INC.

Haliburton Home Builder Association

Make your first call be the only one you need to make with our Total Site Preparation packages.

1(877) 586-8232 705-457-9558

Stothart Creek Cont'd...

... from pg. 41

bill you're much further ahead even before considering the comfort and lifestyle of a new home and its associated equity."

Brown speaks with true affection about Haliburton as a wonderful community. He said, "There is a terrific social climate here. Your access to community participation is incredible entrepreneurcan do almost anything unlimited and with the ial opportunities you you set your mind to here."

"Stothart Creek is close enough to enjoy everything that Haliburton has, but far enough away that it's country living and your kids won't be walking the main street at night."

"There is a lot of potential here," Brown said. "Not everyone is born with five million dollars in their back pocket and a project like this takes time and hard work." Despite all that, Brown says this is the right time for Stothart Creek."

Thinking Winter Heating?

Award-Winning Wood Boiler

Greenwood's critically-acclaimed wood boilers perform at an astounding 85% efficiency, meaning almost all of the energy released is heating your home, barn or outbuilding. So buy a Greenwood boiler today, and experience the benefits:

- Virtually no smoke
- Save 70% on your heating bill
- Low ash, low maintenance
- Use 60% less wood
- Safe & easy to operate

Greenwood

Clean Burning Wood-Fired Furnaces

Bryan Spencer Authorized Dealer
Haliburton 705-455-3042

Why do we drive on parkways and park on driveways?

Street Hockey at the Bridge Youth Centre

Are you between the ages of 10-18 and are looking to play some street hockey?

Then come on down to the Bridge Youth Centre in Haliburton on Tuesday nights from July 8 – August 12, between 7:00 – 9:00 pm.

For more information on this event contact Jamie McMahon at 705-854-0401 or email him at jamie@youthunlimitedkaw.com.

ALGONQUIN TEAK

FINE OUTDOOR FURNITURE

THE FINEST IN TABLES, CHAIRS, BENCHES, LOUNGERS, SUN UMBRELLAS AND ACCESSORIES

Monday to Saturday: 10-6 Sunday: 11-4

On Haliburton's main street across from the town docks

www.algonquinteak.com (705) 457-8020

Purchasing a Cottage

with Susan Lee

Are you in the market to purchase a cottage on a lake or on a beautiful bush lot?

The following are guidelines on mortgage lending for a cottage/secondary home. There are two types of cottages which we call the "A" cottages and the "B" cottages.

An "A" cottage is a home with a full basement, year round road access, heat source (other than a wood stove), 3 pc bathroom, septic or holding tank, running water (can be from the lake as long as it is drinkable and year round), and fully winterized. Lending on this type of cottage can be for purchases, refinances or lines of credits. An "A" cottage can be purchased with 0% down payment, up to 40 years amortization if you have a credit score of 680 or higher and no bankruptcy. Credit scores between 650 and 679 must have 5% down payment (can be gifted) and 1.5% of the purchase rice on deposit for 90 days (can come from own savings, RRSP's or an income tax return cheque) to pay for closing costs. For credit scores below 650 a larger down payment is needed. For the Self Employed Self Declared Income clients, with a minimum credit score of 700, you can apply for a mortgage with as little as 5% down payment.

A "B" cottage does not have to be year round road access, or have drinkable water, or a basement, or be fully winterized. It can be on piers or water access only but it does need to have electricity (can be a generator or solar panels), running water in the building, 2 pc bathroom, septic or holding tank (composting toilets can be accepted but with a 35% down payment), wood heat with an additional heat source such as a small micro furnace. The lending on this type of cottage can only be done on purchases with a 10% down payment, 25 year amortization, credit score of 650 or higher, no bankruptcy, the down payment cannot be gifted and must have a deposit history of 90 days.

Not all banks are equal in their lending guidelines. One of the big 5 chartered banks will not lend on "B" cottages at all and has strict guidelines on "A" cottages. I have easily placed mortgages on properties turned down by that bank. If you are looking at purchasing a cottage and would like a pre-approval, or want information on obtaining your credit score give me a call @ 705-457-3207 or email the MLS listing to susanlee@mortgagebroker.com.

Susan Lee

Susan Lee, CFP
CERTIFIED FINANCIAL PLANNER
susanlee@xplornet.com
office: 705-457-3207
www.susanleecfp.com

It's the Law

It's the Law

Georgia

All males in the state between the ages of 16 and 50 are required to work on public roads.

In Columbus, it is illegal to sit on one's porch in an indecent position.

In Quitman, it is illegal for a chicken to cross a road.

It is illegal to change the clothes on a storefront mannequin unless the shades are down.

TRIVIA TEST

1. SCIENCE: What is the common name of ascorbic acid?
2. MEASUREMENTS: How many bottles of champagne are contained in a jeroboam?
3. GAMES: How many lettered tiles exist in a Scrabble game?
4. GEOGRAPHY: Missouri is bordered by how many other U.S. states?
5. HISTORY: What was the name of the volcano that erupted and buried the city of Pompeii in Italy?
6. GOVERNMENT: What organization did the United Nations replace in 1945?
7. TITLES: What is the female counterpart of an earl?
8. MYTHOLOGY: How many muses of music, song and dance did the Greeks have?
9. FOOD & DRINK: What ingredients are included in a cocktail called a stinger?
10. MUSIC: The reggae band UB40 had a hit song about what kind of wine?

Answers

1. Vitamin C
2. Four
3. 100
4. Eight
5. Vesuvius
6. League of Nations
7. Countess
8. Nine
9. Brandy and white crème de menthe
10. "Red, Red Wine"

ABECK Accounting Tax & Computer Services Inc.

ACCOUNTING: Proprietorships - Partnerships - Corporations
TAX: Personal - Corporate and Estates

Norland
705-454-2418
1-888-428-9778
info@abeckacctg.com
www.abeckacctg.com
7524 Highway #35 Norland
K0M 2L0

Audrey Beck

Lange on the Law

Donald Lange

by Donald J. Lange
Barrister & Solicitor

The Line Fences Act

There are many land disputes between neighbours in the County of Haliburton. Litigating these disputes in the court system can be a costly experience and the result not necessarily satisfactory even to the successful party. One reason is that the neighbours still have to live next door to each other. Or one of them finds that it is simply better to sell and move away.

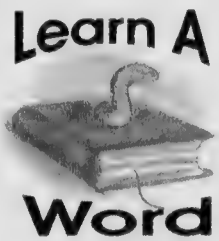
There are ways to resolve a neighbour dispute without recourse to the court system. Binding mediation or arbitration are two alternatives. If there is a dispute over a neighbour's fence, legislation called the *Line Fences Act* may assist you. Under the Act, a landowner has a right to construct and maintain a fence to mark the boundary between the owner's land and adjoining land, or to repair the fence. Where the owner has not entered into a written agreement with the adjoining owner for sharing the costs of the construction or repair of the fence, the owner may notify the clerk of the local municipality in which the land is situated that the owner desires "fence-viewers" to view and arbitrate as to what portion of the fence each owner shall construct or repair and maintain.

Once the clerk is notified, the clerk will appoint, not one, but three fence-viewers to arbitrate the issue. The fence-viewers will attend the site and view the location of the proposed fence or fence repair. They may hear evidence and examine witnesses under oath. In making their decision, the fence-viewers will consider several factors: the suitability of the fence to the needs of each of the adjoining owners, the nature of the terrain on which the fence is to be located or repaired, the benefit to both owners of having the boundary between their lands marked by a fence, and the nature of the fences in use in the locality. Most importantly, the fence-viewers have the authority to order that each owner pay one-half of the costs incurred in the fence construction or repair.

Where an owner is dissatisfied with the decision of the fence-viewers, the owner may appeal the decision to a referee within fifteen days. As the poet, Robert Frost said a long time ago "Good fences make good neighbours." The *Line Fences Act* helps to make good fences and keep good neighbours.

In the next column, I will be talking about family law.

Rectitudinous



\ rek-te-'tud-nes\ *adj* *1: characterized by straightness or moral integrity 2: piously self righteous.

"Mrs. Johnson, my rectitudinous former fifth grade teacher, ended up owning a tanning salon in the center if town."

Donald J. Lange, LL.B., Ph.D. (Cantab.)
Barrister & Solicitor
Civil Litigation
20 years Toronto experience
Defending or launching lawsuits
• Opinions • Land disputes • Collections
• Contracts • Insurance claims • Negligence
Phone: (705) 489-4974
email: donaldlange@donaldlange.com
Website: www.donaldlange.com
Office Location
Main St., Minden
(by appointment only)

WYJAD FLEMING Associates
BARRISTERS • SOLICITORS • NOTARIES
In Association
DANIEL J WYJAD, M.Sc., LL.B.
KELLY A. FLEMING, BA. (HONS), LL.B
BRACEBRIDGE
39 Dominion St. Box 177, P1L 1T6
Tel. (705) 645-8787
Fax. (705) 645-3390
Email: bracebridge@wylaw.ca
MINDEN
5 Main St Box 850, K0M 2K0
Tel (705) 286-6483
Fax. (705) 286-3523
Email: minden@wylaw.ca

NORTHERN LIGHTS
TRAFFIC TICKET
CONSULTANTS
457-4140 • 888-679-5234
WE DEFEND ALL TRAFFIC INFRACTIONS
AND IMPAIRED DRIVING CHARGES
Serving Haliburton, Lindsay & Durham Area

DAVID A.P. SHAPIERA
LAWYER
Servicing
All Of Your
Real Estate &
Legal Needs in
Haliburton County
Mortgages
Sales • Leases
Purchases
(705) 286-2021
60 Bobcaygeon Rd, Minden, ON K0M 2K0
Fax: (705) 286-3930 Email: lawshap@interhop.net

Fraser A. Rogers, B.A.,L.L.B.
BISHOP & ROGERS
BARRISTER & SOLICITOR
NOTARY PUBLIC
Box 472
238 Highland St.
Haliburton, Ontario
K0M 1S0
Telephone: 705-457-1440
Fax: 705-457-3042

IN THE LOCKER ROOM

By Terrance Gavan

No Bull and Running in Pamplona

Like all Aspiring Writers We Follow Hemingway

Papa gave credence to this sport. This run. This flight into danger.

In The Sun also Rises, Ernest Hemingway imparted a luminous macho cachet to the running of the bulls at Pamplona. A bust of Papa still graces the route of the bulls. The town of Pamplona, and the festival of San Fermin, owes a debt of gratitude to the writer. The town and the bull run achieved prominence on the florid pages of Hemingway's epic novel.

People run today, they flock to Pamplona, because of Papa's prose. Ah yes, as they say in the travel brochures: "They come for the Sangria, the bulls and the run … but they stay for the reconstructive surgery."

Published in 1926, The Sun also Rises remains Hemingway's signature piece. Demons, not bulls, chased Papa; this man's man; this writer's writer; this implacable force of nature; this erudite, complex and dogged anti-fashionista; cigars, scotch, hard-knock. The young bull who, in 1961, finally succumbed to form; old man at sea; shotgun exit. Papa and I share a birthday. July 21. We also share a fascination with the crazies who like to dash madly around the streets of Pamplona at this time of year.

There are numerous sites on the Internet that list survival tips for those who wish to run with the bulls. Unfortunately people still don't take the time to read them. Or maybe they do.

Here's what one Internet tip page says about the annual ruminant romp:

"Running with the bulls is dangerous and is not recommended. Each year dozens of people require medical attention after running with the bulls. It is important to get tips on running with the bulls from people who have run before."

Here's what we know about that.

There is something approaching vague non sequitur here. Don't do it. But get advice from the idiots who do.

But, what the hay. A tip's a tip.

I talked with veteran Spanish bull runner Lefty Gomez. Lefty has run with the bulls 22 straight years.

"Lefty … got any tips for the novice bull runner?"

"WHAT? Quips?" yelled Lefty, whose right hand was gored by a particularly flamboyant bull back in 1988. Hence the nickname.

"No, Lefty, tips, y'know for the new runner."

"I am sorry senor … pleez and scuza' … my right ear, she's not worka' to good … shesa' torn by ze toro back in 1998 … I no heara' too good."

"TIPS LEFTY … TIPS FOR THE NEW RUNNER WITH EL TOROS!" I said, louder.

"No need to scream senor … I turna' my head around to my lefta' ear … ah yes meester Terry … Teeps for Toro muchos importante … you must, when you run … run very, very, very fasta' … otherwise, ze bull … she catcha' up … and zen we havea' de troubles … ze bulls, zey runna very, very fasta … and for you guys' from da Kanada' remember two tings' … RUN quicka' … Avance Rapido!!! … and bringa' de Blue Cross! … Oh and yessa' remember Rapido … Rapido zeeza' mui importante! And so sorry … Sometimesa' I repeata' myself … itsa' de 19 concussa' froma' de bulls collida' witha' ma' melona."

Here's what we think about getting advice from the veteran.

Lefty … 22 runs … 19 concussas … Get the picture?

Here's another Internet tip.

"No touchie: if you are close to a bull don't touch him or try to grab his attention. It will just make him mad."

Here's what we think about that.

Locker Room cont'd... pg. 49....

MAKE MONEY OFF YOUR LAND.

Looking for High/Dry land with 4 to 5 feet fill cover to rock for field spreading Septic Waste. Will obtain Ministry of Environment permit.

Call 705-447-2211 or 447-3120

Have a Safe & Happy Summer with your pet

Pet Lifejackets

Lots of pet toys

Paulmac's Pet Food

Retailers of Quality Pet Food Pet Accessories Pets

Heritage Plaza Minden 286-1172

In The Locker Room cont'd...

... from pg. 48

The 10 to 15 bulls set loose on the streets of Pamplona are spurred on their journey to the tune of twin rocket blasts. The bulls are bred especially for their fierceness. They weigh a half a ton apiece. They are ripping through narrow streets midst a cacophony of drunk and screaming humanity. They have been jostled, yelled at and are trying in vain to gain legitimate footholds on slippery cobblestoned streets. Believe me tipsters … the bulls are already stark raving bonkers. A pat on the rump ain't gonna' make a whit of difference to their overall demeanor. They are cranky. Capiche?

I grew up on a ranch in the Manitoba Interlake. Here's what I know for certain. How can I put this? An angry bull is an angry bull. Bulls get mad, and once there, they don't get madder. They just usually get even.

Here's another tip from the bullish on-line swamis.

"Redirecting the bull: it is possible to redirect the bull by waving a rolled up newspaper to attract its attention. This is useful if a bull is approaching directly behind you - if so, use the rolled up paper and direct the bull to overtake on the side - it really does work."

Here's what we think about that.

Hah! Good luck.

I have worked over a hundred cattle sales at several auction marts in Manitoba. I have pushed steers up and down narrow chutes. I have confronted ruminants of many sizes and types in those narrow corridors. Let me now set this particular record straight, just in case you're getting the wrong idea here.

If you have a rolled up copy of the New York Times in your hand … and are standing in front of a charging bull in the cobbled streets of Pamplona. Here's what I suggest you do with it. Give yourself a slap right upside your noggin. Really!

Hit yourself as hard as you can. Hit yourself till you see stars. Hit yourself till you hear the Bells of Notre Dame. Then close your eyes and shout the following at the top of your lungs:

"I am a colossal moron. I am an idiot. Oh God … that bull is freaking big! OWWWW! THAT HURTS!"

When you wake up in ER, remember this final tip, which is the only tip that actually makes any sense.

"Make a Will: It's a good idea to make / update your Will before you set off. And also fill out a donation card for any organs that may remain unpunctured."

Take a 'Tour De Forest'

Become an art adventurer and explore the second annual Tour de Forest on Sat. August 2 and Sunday, Aug. 3.

A total of six art studios featuring 20 artists will be included in this second annual event that is all about the artists. Come take a scenic route and discover the many studios that Haliburton County has to offer.

Tom Green, one of the event organizers, says that last year's event brought out about 300 people and that this year's tour is sure to be just as successful.

"It's an art studio tour done with a little twist," says Green. "The comments from some of the guests last year was that they enjoyed being able to stop at one place and see three or four different artists."

In addition to some of the local artists on the tour, there are also few who are from outside of the County.

Green adds that the artists will be putting on demonstrations for people and that there will be many treats for visitors along the way. For more information on this event send an email to jselbie@halhinet.on.ca or call Tom Green at Glass Eagles Studio at 705-286-3628.

Quality Tree Service

Removals, Pruning
Trimming, Lot Clearing
Free Estimates
Fully Insured

447-1198 Cell 457-6671 Ron

IF YOU NEED A NEW SEPTIC SYSTEM...

We're your best choice!

Here's what we do for you.

- WORK FOR YOU AS YOUR AGENT
- APPLY FOR YOUR HEALTH PERMIT
- DESIGN YOUR SEPTIC SYSTEM
- DIG TEST HOLES AND LAYOUT JOB
- COMPLETE INSTALLATION OF SYSTEM
- CARRY A FULL LINE OF SUPPLIES,
- SEWAGE PUMPS, AND MATERIALS
- COMPLETE SERVICE AND MAINTENANCE OF YOUR SEPTIC SYSTEM
- LICENSED FOR SEPTIC INSTALLATION/
- PUMPING, PLUMBING , ELECTRICAL
- 20 YEARS IN BUSINESS FULLY INSURED

We Have the Answers!

Call
Stoughton's Septic Systems & Pumping
Today!
447-2211 Office, 447-3120 Res, 447-3414 Fax

STRESS BUSTERS

Quick Tips To Lower That Stress Level

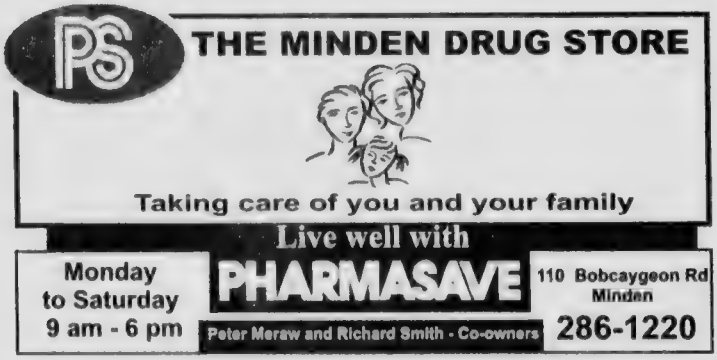
The Kneeling Bow

To stretch the upper body, sit back on your heels in a kneeling position and slowly raise your hands above your head, reaching as high as you can. With your arms still above your head, bend forward from the waist until your hands touch the floor. Hold for 10 seconds, and then reverse the motions. Repeat three times.

Tongue Twister

Say it Five Times Fast...

I cannot bear to see a bear
Bear down upon a hare.
When bare of hair he strips the hare,
Right there I cry, "Forbear!"



Of Sound Body

Minden Massage Therapy Clinic

Jacqueline (Jacque, pronounced Jackie) Ziorjen has been in business in the same location in Minden since 1994. That's a significant amount of time. Many businesses flatline after that time, with few if any changes. Not so however with Of Sound Body, where Jacque has been plying her trade and growing, not just as a professional, but also in mind and spirit. It's to the point now that the name Of Sound Body also infers the 'of sound mind' aspect of the phrase 'of sound mind and body,' that we're all familiar with. But it's been a bit of a winding road.

Jacque moved up to the Highlands with her parents Gino and Margot from Mississauga in 1978. She moved back down to the city to attend Humber College from which she graduated as a pharmacy assistant. Jacque moved back to the Highlands permanently in '87 and went to work for Paul and Janet Heffer at the drug store in Minden. Daughter Allana was born in 1990, and in '92 Jacque was off again for more education, this time in Sutton where she attended the Canadian college Of Massage and Hydrotherapy, to take courses in massage therapy. She graduated in June of '94 and it wasn't long before she was in business.

Jacque opened Of Sound Body on Main Street (Bobcaygeon Rd) in Minden with physiotherapist Barb Wright in December of '94. The two worked together until January of 2004 when Jacque took over sole possession of the business. Barb practices now from her home. Business was always good enough to demand two people and " a few massage therapists have moved through in different capacities over the last couple of years, but have moved on," says Jacque. Realizing some changes were needed, with the help of HCDC (where would we be without them), Jacque had a business plan drawn up through Fay and Associates. "So over the last winter we worked to find ways to maximize the potential of the clinic. This is a great space, and it's a great location, and over the years we've developed a great reputation," Jacque exclaims.

What A Massage Therapist Is

"I felt a bit like a pioneer when I first started" she continues. "I had to educate people into what we were all about. Although people are more knowledgeable now, many still don't know the difference between a person who does massage and a massage therapist. Anybody can put up a shingle and say they do massage, and it's quite legit, says Jacque. " But a massage therapist is a regulated health professional under the registered health practitioner's act. These health practitioners also include nurses, physiotherapists and psychologists. Our governing body is the College of Massage Therapists of Ontario, and only members of the college can call themselves massage therapists. Massage therapists have all completed a 2 or 3 year diploma course from a recognized institution, and the college implements certain standards that therapists have to adhere to."

For some people the concept of massage therapy might seem like a bit of a luxury. " I don't view it as a luxury," Jacque says. "I equate it to taking a car for an oil change. It's preventative maintenance." Massage therapy is covered by most extended health plans, and only registered massage therapists can issue receipts that will be honoured by those plans. In most cases a doctors referral is also required for health plans. However Jacque points out that "anybody who feels that they need our services can come in to see us. You don't need an extended health plan, and some receipts can be used for income tax purposes," she declares.

What Massage Therapy Can Consist Of

OK, so what exactly is massage therapy? According to Jacque and her new confrere, (more of her shortly), massage therapy is the manipulation of soft tissue, joints and muscles in order to alleviate physical discomfort. It's used to treat such things as repetitive strain injuries, stress related conditions, postural misalignment, some sleep disorder problems, sports injuries and pregnancy

Of Sound Body cont'd... pg. 51...

Of Sound Body

... from pg. 50

related discomforts. "It can also simply be used to make you feel good by relaxation," Jackie discloses. Also a certified Reflexologist, she explains that "we're also trained in contra indications where we know whether to either proceed with caution or advise our client against massage therapy, and guide them to more appropriate treatment. As well as massage, and contra-indicators, therapists are also trained in geriatric, sports and rehabilitation treatments. "We have to learn an in-depth knowledge of human anatomy and physiology, which enables us to target the appropriate muscle groups. We also have a background in orthopedic assessments which are tests on people that determine the cause of their discomfort. There's a myriad of massage techniques, but we've (Jacque and her new co-worker) learned the Swedish massage method. We've also learned trigger point therapy which can loosely be described as a localized 'knot' in the muscle often accompanied by pain that travels elsewhere." A good example of that is when you have a headache which is caused by a 'knot' between your shoulder blades or in the neck. Manual lymph drainage is another technique Jacque uses which helps to reduce swelling. So that's some of what happens in the Of Sound Body clinic.

The ambience of the clinic is in keeping with the new direction Jacque has taken. There is some very interesting artwork on the walls, done by her father Gino, and there's some expressive jewelry for sale fashioned by the talented Joyce Pruysers. Light pours in through the large second story windows, and plants are placed in feng shui appropriateness. But the biggest change in the clinic is to be seen in the form of the new massage therapist who now shares the space with Jacque. "I've been working as much as I can, and I feel that the demand, because of our success, required another person besides myself, and I've hired Sumiko Henry," Jacque exclaims delightedly.

Sumiko is brand new to the area having been in the county only a week or so. "I'm coming from Toronto," she says, "from where I've wanted to escape for years. I grew up in a smaller community of Cornwall P.E.I. and I like the pace of smaller centres. I've always wanted to own property in Southern Ontario and I was looking and researching areas via the internet and visiting different communities. My father used to work in this area and he said that there was a strong arts community here. I'm into the arts and culture, and Haliburton was also in my area of affordability. I came up in May of this year to have a look, and I liked what I saw."

Part of Jacqueline Ziorjens new direction has been in networking with other massage therapists in the county, and she gathered together 6 of the 10 available for talks. Unbeknownst to her, Sumiko, a trained massage therapist, was in the area looking for work. One of the therapists in the group that Jacque had got together knew about Sumiko because Sumiko had called different therapists and spas in the Haliburton Village area, and due to Jacque's networking, Sumiko was soon calling Jacque for an interview. "After meeting with Jacque and viewing the clinic I felt her philosophy and treatments coalesced with mine, and I felt there was a potential for great growth," Sumiko says smiling. It's apparent that both women have reached a mutual accord and enjoy not only working together, but also being in each others company. " We spoke on a Friday, we me on Monday, and things just rolled from there," Jacque exclaims. " I'd had absolutely no response from ads' I put into the college and massage therapy association publications."

Sumiko, who says she "has an adventuresome spirit and is not afraid of the unknown," is " very impressed by how welcoming people are. They're helping me to become integrated." Jacque wasted no time in getting Sumiko out into the community and both women were at their booth on Water Street in Minden on Canada Day, offering free foot and shoulder massages to passersby. Sumiko who paints in oils as well as playing guitar has already visited several artsit's studios and she'd "like to take some courses at the school of the arts," when she's more settled. She and Jacque will be working as equals out at Of Sound Body and Sumiko "hopes to develop a strong practice here and also contribute culturally to the community."

Sumiko is a graduate of the certified Holistic Health Practitioners program from the Windsong School of Healing. She says she has an "integrative approach to practice due to training in Shiatsu and Jin shin do, both Japanese doctrines. Sumiko, as her name might indicate, has a Japanese heritage as part of her background, and Jacque adds enthusiastically, that "What we have here now is a fusion of Eastern and Western Philosophies. She's a fresh and amazing addition. She has some unique talents, and her timings perfect."

In addition to her clinic work Sumiko will do on site visitations to homes, cottages, businesses and sports clubs. She'll also be appearing at the Minden Hills Museum Village Market on Saturday July 19th.

"Now that we have 2 massage therapists it will allow me the time to offer workshops on breathing, stretching, and change of life coping strategies," Jacqueline Ziorjen states. These workshops are based on the knowledge I've gained during my years of practice." Of Sound Body can really be said to now encompass 'of sound mind,' as well. Or perhaps with the inclusion of Sumiko that should be 'of sound minds.'

Clinic Info'

Of Sound Body has extended their hours of operation to include some evenings. To find out more about hours, or to make an appointment call Jacqueline Ziorjen or Sumiko Henry at (705) 286-1123. The mailing address is Of Sound Body, 114a Bobcaygeon Rd (Main St), Box 1029, Minden, ON, K0M 2K0.

Pictured: Jacqueline Ziorjen in front of her fathers painting of water lilies; Sumiko Henry relaxes a customer with a massage; Sumiko and Jacqueline point the way to the clinic

HELP US REACH FOR THE FUTURE
For Your Hospitals & Health Care Facilities
705-457-1580 / 286-1580
www.hhhs.on.ca/foundation.htm
foundation@hhhs.on.ca.
P.O Box 1413 Haliburton, ON K0M 1S0
or P.O Box 30 Minden, ON K0M 2K0

SERVICE DIRECTORY

FOR SERVICE CALL

STOUGHTON'S ELECTRIC LTD.

Electrical, Plumbing, Heating & TV Towers
Septic Systems & Pole Lines
Holding Tanks, Sewage Pumps, Backhoe, Trenching
After Hours: 447-3120

Septic Pumping

447-2211

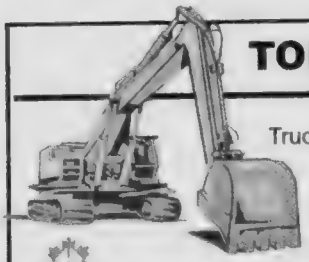
Walker's

HEATING & COOLING SYSTEMS

YORK · Kelly's Propane

81 Mallard Road., Haliburton, Ont. K0M 1S0
www.walkershvac.com • walkers.heating.cooling@bellnet.ca

705-457-2375 Toll Free 1-866-457-2375



TOM PRENTICE & SONS

Trucking • Grading • Excavating
All Types Material
Septic Systems

286-1428

Annual Cottage Road Service

ROYAL HOMES MINDEN

SALES & DESIGN CENTRE

(705) 286-6992

Fax: *286-1394*
Toll Free: *1-888-717-4923*
www.royalhomesminden.on.ca

ROYAL HOMES
Hwy 35 south - Minden

CHURKO ELECTRIC

office: 457-4576
fax: 457-1494

ECRA - ESA# 700 3932

RESIDENTIAL • COMMERCIAL • INDUSTRIAL

Professionalism at "Your Service"

Landscape Concepts

by Chris Miller

Phone: 705-286-5007

Landscape Design • Custom Concrete Spas
All types of Natural Stone Work • Patio, Stairs, Pillars & Walks
Shoreline Restoration. • Planting Waterfalls & Fountains

D.A. CURRY MASONRY CONTRACTING

Licenced Tradesman

Footings
Frost Walls
Foundations
Concrete Slabs
Perimeter Walls
Site Layout

457-3620 RR#1 Haliburton
Mobile: 457-6163 Fax: 457-2699

MainLine STONEWORKS

- Fireplaces
- Home Exteriors
- Retaining Walls
- Patios - Stairways

Natural & Cultured Stone
Dream it in Stone

Troy Main - 705 457-1009

DON BARKER HEATING & COOLING

16455 Hwy 35, RR2 Minden, Ont K0M 2K0
phone (705) 489-2004 fax 489-4043

SALES, SERVICE & INSTALLATION OF
OIL, PROPANE, ELECTRIC & COMBINATION
FURNACES. AIR CONDITIONING, HEAT PUMPS
HRV'S, CHIMNEYS, RADIANT FLOORS
& WATER HEATERS

Carrier

HIGHLANDS PLUMBING

Division of Jack Hewson & Sons Ltd.

Sales & Service

Warm Friendly Floors

Water Systems,
Installations & Renovations
Authorized in-floor
Radiant Heating Dealer

WIRSBD
Radiant Floor Heating

286-1195

Mark's Landscaping Excavation and Bobcat Service

Total Site Preparation - Roads - Excavations - Basements
Post Holes - Snowplowing - Retaining Walls
Grading - Driveways - Sand - Gravel - Topsoil
Crushed Stone - Danger Trees - Bobcat - Excavator

Fully Insured • Mark Hatton

705-457-4856 home 705-457-4843 fax

PETRINI CONSTRUCTION

VINYL & ALUMINUM SIDING

SOFFIT• FASCIA • ROOFING• DOORS & WINDOWS
5" SEAMLESS EAVESTROUGH
GUTTER PROTECTION SYSTEMS

Serving Haliburton County since 1978

Nathan Petrini 705-457-2754

Who Dun It - Solution

(from page 34)

"Well, the only ones who had access to the drug and the sea lion pens," mused Walker, "were Burns and Leavitt. And Dr. Mundy."

"Yes, but Mundy has an easily confirmable alibi," noted Stanwick.

"Assuming that Sergeant Hatch can confirm her attendance on the harbor cruise through her list of guests, we can rule her out. And that leaves Burns and Leavitt."

"So which do you pick?"

"The one who isn't ruled out. Remember what Mundy said about the injection? It had to be made from behind Trevor. And it was on Trevor's right, so we know the injector was right- handed. It was tricky work, and wouldn't be done with the bad hand. Leavitt, however, was left- handed. His computer mouse, you'll recall, was to the left of his keyboard.

"That rules him out. So Burns is the one. He would know Allegra's training schedule, and could time the injection precisely. Motive? Probably jealousy."

And it was.

Solution time: 25 mins.

6	5	8	2	7	3	1	9	4
9	7	3	6	1	4	2	8	5
2	1	4	8	5	9	7	6	3
5	3	9	4	2	7	6	1	8
7	6	1	5	3	8	4	2	9
4	8	2	9	6	1	5	3	7
3	9	6	7	4	2	8	5	1
1	2	7	3	8	5	9	4	6
8	4	5	1	9	6	3	7	2

L	A	M	A	■	P	I	N	■	A	B	E	L		
A	N	I	S	■	D	O	E	■	R	O	L	E		
M	Y	S	T	I	Q	U	E	■	O	U	S	E		
B	A	C	O	N	■	■	D	U	S	T	E	R		
■	■	■	R	A	C	K	■	P	E	I	■	■		
G	A	P	S	■	L	I	E	S	■	Q	E	D		
A	S	H	■	B	U	N	N	Y	■	U	F	O		
S	K	Y	■	R	E	D	O	■	B	E	T	H		
■	■	S	E	A	■	A	L	A	E	■	■	■		
A	S	I	A	N	S	■	■	C	R	A	S	H		
F	A	Q	S	■	C	R	I	T	I	Q	U	E		
A	G	U	E	■	A	O	K	■	N	U	D	E		
R	E	E	D	■	M	O	E	■	G	A	S	P		

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

©2008 King Features Syndicate, Inc. World rights reserved

Differences: 1. Mom's hair is longer. 2. Girl's dress has ruffles. 3. Indoor plant is missing. 4. Door handle is higher. 5. Dress polka dots are black. 6. Fewer stars around boy's head.

Ralph Herzog
Certified Forester Technician
& Landscaper

AURORA LANDSCAPING

Telephone: 705 306 0170

P.O. Box 393
Minden, Ontario K0M 2K0

dog.musher@hotmail.com

Landscape Planting

Trees · Shrubs · Perennials
Landscape Products · Sodding
Firewood · Bulk Mulch · Soils

Carey's Garden Centre
457-1333
We plant all sizes & WE DELIVER
Hwy 118 Beside Sears (Haliburton)
www.haliburton.landscaping.gardens.com · careysgardencenter@sympatico.ca

HALIBURTON ARTESIAN WELL DRILLERS
You'll love our reasonable rates
23 YEARS DRILLING EXPERIENCE
Rick Ruttig - Box 423 - Haliburton
Phone: 457-2686
Cell: 457-5528
fax: 457-3749
Night Phone: 457-9990

The "Real Nice Folk" Concerts and Sweet Sugar Shack Sounds

Sweet Sugar Shack Summer Sounds

Grab your chairs and be ready for some fantastic entertainment. Starting July 8, there will be a series of free Tuesday night concerts featuring artists on the new "Real Nice Folk" CD. The concerts will be taking place at Head Lake Park in Haliburton starting at 7:30 pm . Don't forget to bring your lawn chairs Here is the schedule for July and August.

August 12
Bethany Houghton
Gord Kidd

August 26
Thom Lambert
Bucket of Shrimp Ears

Also don't forget about the return of the Sweet Sugar Shack Summer Sounds…

All four evenings 7 p.m. at the Wintergreen Pancake Barn includes Dinner & Show for just $30 per person. (The Gelert Road, south of Haliburton Village)

For Reservations call 705 286-3202. Here is the list of performers this summer…

July 26
Melwood Cutlery
August 9
Michael Pickett
August 30
Steve Payne

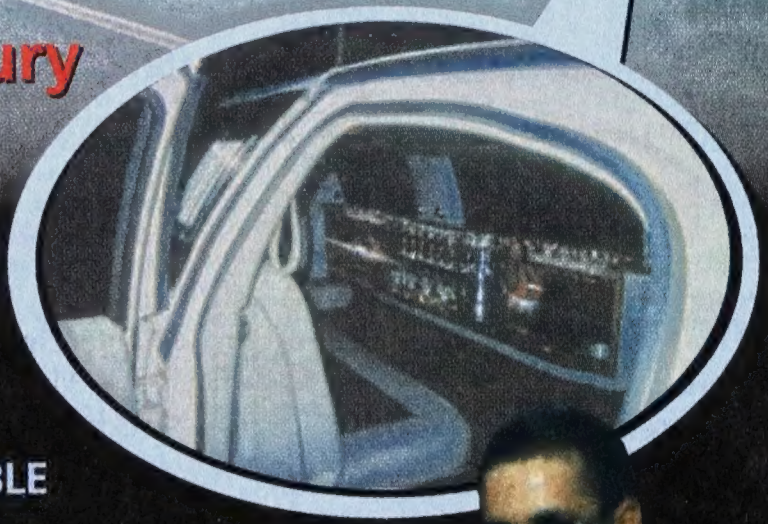
SERVICE DIRECTORY

SHOWTIME EXECUTIVE

TRANSPORTATION SERVICES

Comfortable Luxury

- Airport Transportation
- Casino Rama
- Theatre Outings
- Weddings & Proms
- Birthdays & Other Special Occasions



GIFT CERTIFICATES AVAILABLE

Special Rates for Insurance Claim Injuries

Phone/Fax 705-286-3406

Toll Free 1-877-286-3406

E-mail showtyme1@sympatico.ca

24 HOUR SERVICE

RR#2 Haliburton

We accept VISA MasterCard

Strange BUT TRUE

If you're thinking of redecorating your child's room, you might want to keep this in mind: Studies show that the color pink has a soothing effect on children; blue lowers their blood pressure and increases attentiveness; and yellow excites and cheers kids. Avoid red if at all possible; it has been shown to raise children's blood pressure, respiration and heart rate as well as brain and muscle activity.

The brand name Nike isn't just a made-up moniker. It comes from Greek mythology, in which Nike was the winged goddess of victory.

It's been reported that the last words of 19th-century American author, essayist, biographer and historian Washington Irving were, "Well, I must arrange my pillows for another night. When will this end?"

If you're planning a trip to New York City this September, you should consider stopping by Wigstock, the country's largest festival celebrating the fake 'do. If you can't make the road trip, don't worry; you can check out the festivities from the comfort of your own home. Just rent "Wigstock: The Movie," a documentary of the event that was made in the mid-1990s.

Golfers beware: Don't chew on the tees. One golfer who was in the habit of gnawing while he played overdosed on pesticides after playing 36 holes in one day.

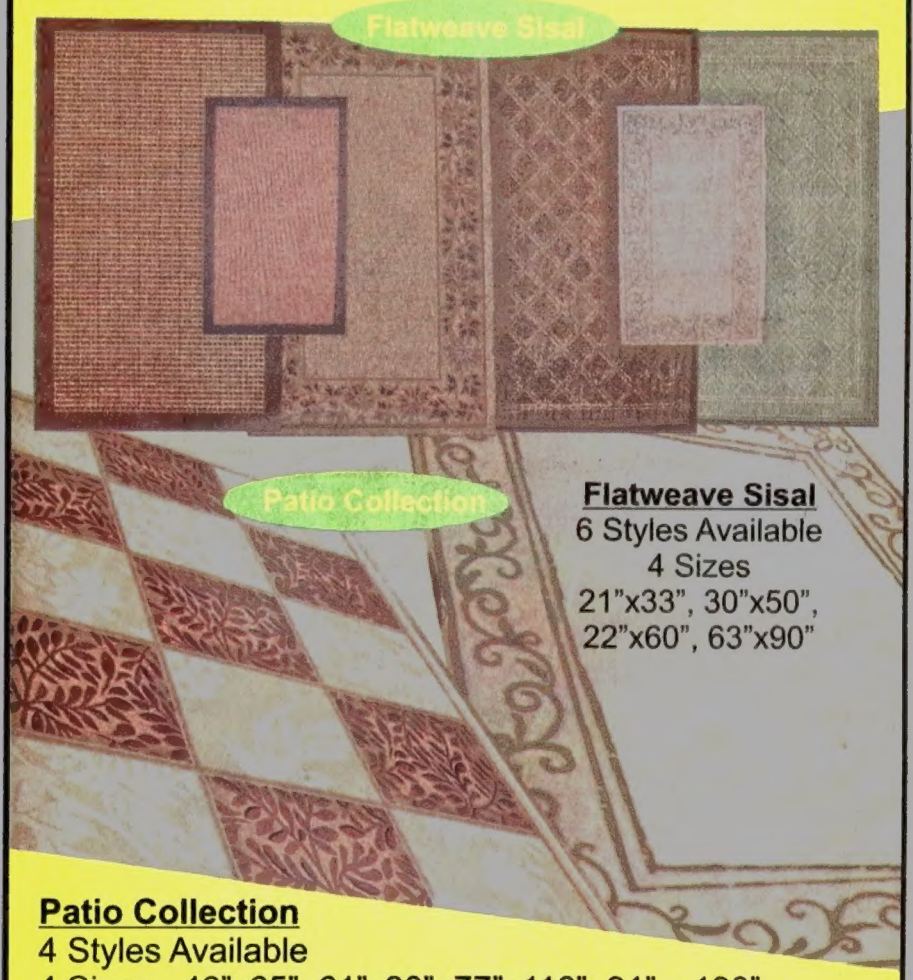
All species of dog have a pink tongue -- except one. Chows' tongues are black.

The longest word in the English language that can be typed using only one hand is "stewardesses."

Studies conducted in office environments show that women's desks have, on average, four times more germs than men's desks do.

How can there be self-help *groups*?

Express Yourself!
with our
Indoor / Outdoor Rugs
100% Easy Care, Durable Olefin



Flatweave Sisal
6 Styles Available
4 Sizes
21"x33", 30"x50",
22"x60", 63"x90"

Patio Collection
4 Styles Available
4 Sizes - 46"x65", 61"x90", 77"x116", 91" x 130"

Northern Expressions
Furniture, Home Decor & So Much More!
33 Hops Drive, Haliburton. (In the Beer Store Plaza)
457-8957 **Mon. - Sat. 10 am - 5 pm, Sun. 10 am - 4 pm**
Gift Certificates Available

Kennisis and Redstone Lakes Realty Centre

Gloria Carnochan
Cindy Muenzel
Sales Representatives

705-754-1932
1-800-203-7471
The Mother Daughter Team
Gloria.carnochan@bellnet.ca cindymu@bellnet.ca
www.gloriaandcindy.com

Royal LePage
Independently Owned and Operated Brokerage
LAKES *of* HALIBURTON
Brokerage

Nature at its best!!! Level lot with 142' ft. frtg., 66' road allowance beside for even more privacy. 2 cabins situated on this south facing lot gives lots of room for guest especially with all the space for tenting in the backyard. Use what is here or build a waterfront home. Hard pack child safe sand beach for the little ones to play. Canoe into 3 other lakes or take a leisure inner tube ride down the river or a day of fishing. Lots to do here let your imagination run wild!! **$329,000.00**

Cottage /Home with your own sandy beach on Maple Lake -3525 sq ft of living space on 2 floors. 3 lg bdrms, den, 2 family rms, LR, 2 baths, & Jacuzzi, shower ensuite, solid oak kitchen, DR w/ greenhouse window effect & skylights, laundry rm, cold cellar, lg storage area, access to lower level from garage also. Possible apartment in lower level. New propane furnace, propane fireplace & stove, central vac, 200 amp, artisan well, decks front and back, attached dbl garage, and Dad's work shed fully insulated. . **$369,000.00**

Redstone Lake 1.5 acre gently sloping building lot on Hunter's Island with fabulous sunsets. 160 feet of frontage and 5 minutes by boat from the landing, dock & boat storage facilities available. Build your dream hideaway on this very private lot with mature trees. New cottage going in on the lot next door. Possible VTB also vendor can supply some building costs or perhaps build to suit

$199,000.00

Check out this beautiful 2600 sq. ft. Eco-Log cottage with 5 bedrooms plus 2 -4pc baths situated on one of the most gorgeous lots on Kennisis Lake. With 205 ft frtg. 1.92 acres, you have southeast exposure to enjoy the sun all day. This lot is level with a slight slope towards the lake. Maple floors throughout, open concept kitchen/living room, cathedral ceiling with open beams, Canac kitchen and propane furnace with air exchanger.

$799,000.00

Redstone Lake Building lot - Vendor has plans to suit the property- build your own cottage/home or have the Vendor build for you. Listen to the water falls at the dam, enjoy the beautiful rock face to the left of the lot and to the right is Redstone Lake . Building site has been partially cleared. Nice deck and dock at waters edge. Easy access for swimming. Dead end road is between the water and lot. Be on Redstone Lake for half the price

$179,000.00

Wow! Large sand beach with deeper water of the dock. Big lake view and wonderful sunrises. Lots of sun all day on this level mature treed lot. Very private. Total living space includes 3 bdrms, 2 baths, lg open concept LR/DR/Kitchen. Sun room is very appealing. Glass across the front looking onto a large almost new deck. Bunkie/storage shed.

$579,000.00

Check out this property!! Total privacy with 14 acres and over 400 ft. of frontage on Redstone River. There is a meadow down near the river where you can watch the deer play. This Cedar R2000 log home has 3 plus bedrooms, 2 baths, den, cozy living room, deck off the kitchen, walkout basement and much more to list. This is what country living is all about. Could be a hobby farm, B & B, possible severance **$299,000.00**

Kennisis Lake: 4 season Viceroy cottage on a sheltered bay in Kennisis Lake with south exp – sun all day. Terraced lot making the distance to the cottage and lake very acceptable. Newer septic and block foundation to give storage area. Curl up with a book in front of the natural stone fireplace. 2 bdrms, 4 pc bath and upgraded oak kitchen. Large deck to sip coffee on and enjoy the water. Marine rail makes leaving your pride and joy safe while away. Sand beach **$349,000.00**

Inventory selling, listings needed now!
Call the Mother/Daughter team
& list now!!